# Start sooner rather than later: Taking advantage of the Career Pathways program and opportunities for professional and career development

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Download this presentation and supplemental materials here: <a href="http://bit.ly/ecesem0319">http://bit.ly/ecesem0319</a>





# The story of a meandering journey

#### B.S. in Chemical Engineering

\*\*\*energy engineer, Industrial Assessment Center, DOE

#### MBA

\*\*\*start-up team, nonprofit technology incubator

Ph.D. in Public Administration

\*\*\*research associate, Kentucky Transportation Center

\*\*\*administrative post-doc – accreditation and administration, College of Business and Economics









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# Focus on graduate education and working with graduate students

- 10 years at ODU
- Teach in MPA and PhD program
- Involved in professional development programming for ODU since 2013
- Provost's Fellow for graduate education
- Multi-disciplinary research team focused on urban issues (transportation, flooding, community engagement)
- Published research with graduate students in public policy, health, engineering



# There's more to grad school than just academic requirements

Start early

Take advantage of professional and career development opportunities

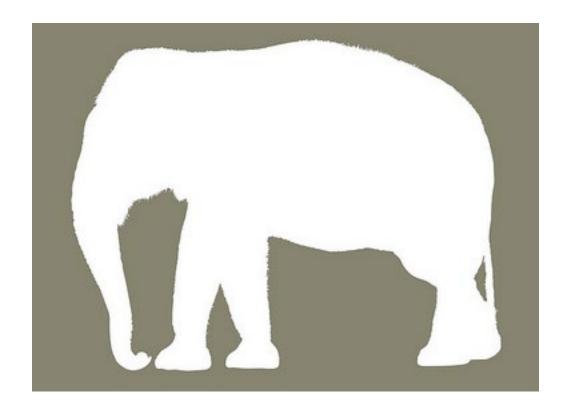






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#### Grad school is stressful!



#### **Sources of stress**

- Work schedule/obligations (58%)
- Finances (56%)
- Time management (41%)
- Future employment and career prospects (32%)
- Course requirements (31%)
- Academic workload (29%)





## Uncertainty about career paths

## Faculty career in higher education

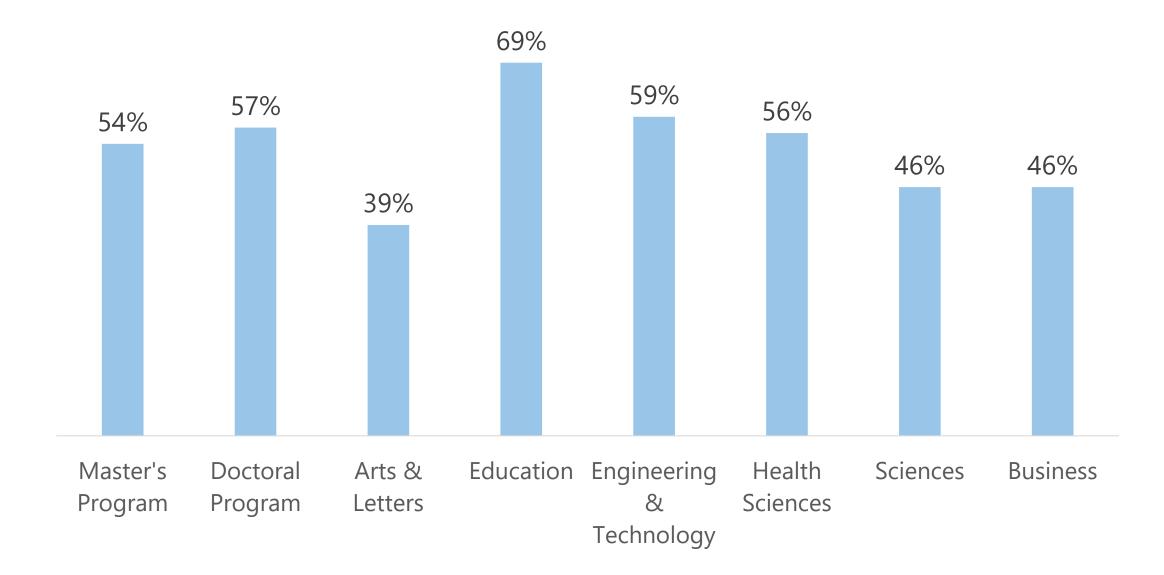
- 47% interested
- 31% still deciding

#### Non-academic careers

- 42% government
- 37% nonprofit
- 30% industry
- 24% still deciding



# Only 56% are prepared for planned career paths





# What's needed? Professional development

Funding for research and scholarship	35%
Career planning	34%
Work-life balance	33%
Career exploration	29%
Networking and collaboration	21%

Professional development needs not being met at ODU



# Only 54% of ODU graduate students feel a sense of belonging to the ODU community

	% Agree
College of Arts and Letters	53%
College of Education	57%
College of Engineering and Technology	44%
College of Health Sciences	59%
College of Sciences	52%
College of Business	56%



# THE GOOD NEWS



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# CAREER PATHWAYS

# Professional development to bridge graduate school and career success

#### **CAREER PATHWAYS**

Professional development to bridge graduate school and career success

#### Did you know?

ODU graduate students identified career exploration and career planning as their top professional development needs.

The Career Pathways program fills this need, preparing graduate students for successful transition into thriving careers.

#### PREPARING FUTURE PROFESSIONALS (PFP)

Designed for graduate students and postdocs interested in a non-academic career such as in industry, non-profit/nongovernmental organizations, or government agencies.

#### Earn the PFP Certificate:

- Develop an individual development plan
- ☑ Create a resume
- Attend professional development events or complete professional development activities
- Produce an ePortfolio to document and highlight professional development and growth



Career Pathways is a gateway to resources, programs, events, and planning tools for ODU graduate students and postdocs.

#### PREPARING FUTURE FACULTY (PFF)

Designed for graduate students and postdocs interested in an academic career.

#### Earn the PFF Certificate:

- Complete a mentored teaching experience
- ☑ Create a CV
- Attend PFF and other professional development events
- Produce an ePortfolio to document and highlight professional development and growth

Questions? Contact Dr. Wie Yusuf Chair, Career Pathways Steering Committee E-mail: jyusuf@odu.edu Phone: 757-683-4437 Web: https://sites.wp.odu.edu/careerpathways/





# **Career Pathways**



 Gateway to resources, programs, events, and planning tools for ODU graduate students and postdocs

Provides career exploration and career planning

programs to prepare graduate students for successful transition to thriving careers



# Two Career Preparedness Programs

# Preparing Future Faculty (PFF)

 For graduate students and postdocs interested in an academic career in a higher education setting

# Preparing Future Professionals (PFP)

 For graduate students and postdocs interested in a non-academic career such as in industry, non-profit/ non-governmental organizations, or government agencies



# Preparing Future Faculty (PFF) program

#### **PFF Overview**



- Goal: expose graduate students to the diverse roles, responsibilities, and rewards of an academic career
- Focuses particularly on the teaching and service roles sometimes not included in graduate training
  - Also addresses fundamental research skills (e.g. grant writing, publishing) and academic job searching
- Anyone can participate in PFF events!

#### PFF Certificate



- Earn the PFF Certificate
  - Develop a CV
  - Complete a semester-long mentored teaching experience
  - Participate in 6 professional development activities related to preparing for an academic career
  - Document completion of all requirements in an ePortfolio
- Completion of PFF Certificate is noted on ODU transcript



# Preparing Future Professionals (PFP) Program

#### **PFP Overview**



- Goal: prepare graduate students and post-doctoral scholars for careers in industry, non-profit or nongovernmental organizations, or government agencies
- Tailored to your career preparedness and professional readiness needs
- Anyone can participate in PFP events!

#### PFP Certificate



- Earn the PFP Certificate
  - Develop an individual development plan
  - Create a resume
  - Participate in 6 professional development activities related to career development, leadership and communication, professionalism, and specialized skills
  - Document completion of all requirements in an ePortfolio
- Completion of PFP Certificate is noted on ODU transcript

# GETTING STARTED TODAY



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## **Developmental CV**

- Use the developmental CV as a starting point for your X-year plan
- Include ALL relevant headings in the developmental CV
  - Use 'blank' sections as placeholders
  - Identify gaps and activities to undertake to fill the gap
- See sample (<a href="http://bit.ly/ecesem0319">http://bit.ly/ecesem0319</a>)
  - My developmental CV from 2006
  - Note that some sections are blank or bare
  - Focus on the Comments/Plans, not the format or content



# **Individual Development Plan (IDP)**

- A planning document for self- and professional development over a specific period
  - (1) Identify professional goals and objectives
  - (2) Assess skills relative to career goals
  - (3) Develop a plan to acquire skills and competencies needed to achieve shortand long-term career objectives
- A well-crafted IDP can serve as both a **planning and a communications tool**, allowing you to **identify your career goals** and to **communicate these goals to your mentors and advisors**.

More info about IDPs: <a href="https://sites.wp.odu.edu/careerpathways/idp/">https://sites.wp.odu.edu/careerpathways/idp/</a>



# Suggested IDP template

#### Areas to develop

- Assess your competencies.
- What do you need to develop?

#### Long-term goals

What will you do to improve in the areas you have identified?

#### Short-term goals

- What could you do this year?
- Overall strategies for reaching goals
- Steps and timeline for completion of goals
  - What steps will you take to accomplish your goals?
  - By when?
- Available resources
- Outcomes
  - What will you have accomplished to indicate that you have reached your goals?



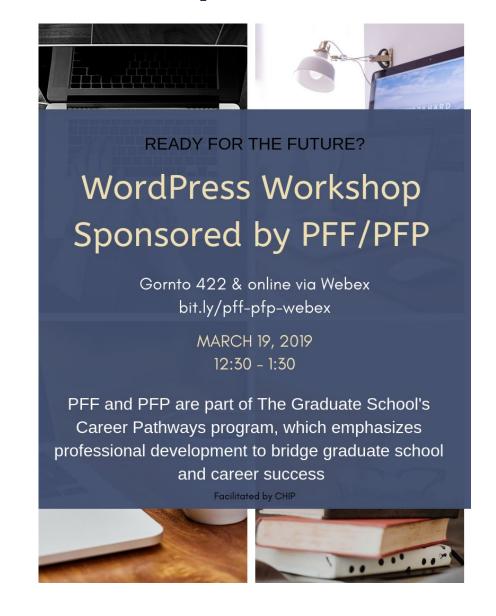
## Reminder about upcoming Career Pathways events



- March 19 WordPress Workshop
   12.30 1.30pm in Gornto 422
- March 22 Grant Writing Essentials for Graduate Students

12.00 – 2.00pm in Learning Commons LC 1310-1311

BOTH EVENTS ALSO AVAILABLE VIA WEBEX <a href="http://bit.ly/PFF\_archive">http://bit.ly/PFF\_archive</a>





## GRAD700: Professional Development – Summer 2019

#### CAREER PATHWAYS

Professional development to bridge graduate school and career success

#### **GRAD700:**

#### **Professional Development**

1-credit hour asynchronous online course offered in Summer 2019

Course Objective: Students who are better prepared for and able to take charge of their graduate education and the planning of their future academic careers as researchers, teachers, and productive members of both their institutional and disciplinary communities.

This course is designed to assist students:

- become socialized into the various cultures found in different types of institutions in the academy;
- develop a multidisciplinary support network that can be accessed for information sharing and exchange, advice seeking, discussion, etc.;
- explore whether a faculty position in higher education is a desirable personal and professional goal;
- identify characteristics of successful college/university faculty; and
- develop the requisite skills for obtaining a faculty position.

\*\*This counts as 2 non-PFF events toward the Preparing Future Faculty Certificate\*\*

Questions? Contact Dr. Wie Yusuf Chair, Career Pathways Steering Committee E-mail: jyusuf@odu.edu Phone: 757-683-4437 Web: https://sites.wp.odu.edu/careerpathways/





- 1-credit hour asynchronous online course for students interested in preparing for an academic career
- Course counts as 2 non-PFF events towards the PFF Certificate

