**DANIEL VANDEN HOEK**774 Windbrook Cir, Newport News, VA 23602

 (757)-236-2952 ◊ danvt2014@gmail.com

**EDUCATION** **Bachelor of Science, Nursing**, currently enrolled (finishing December 2020)

 Old Dominion University

 Norfolk, VA

 GPA: 3.7/4.0

 **Associate Degree, Nursing**, May 2019

 Thomas Nelson Community College

 Hampton, VA

 GPA: 3.6/4.0

 **Masters of Science, Public Health**, August 2018

 Liberty University

 Lynchburg, VA

 GPA 3.8/4.0

 **Bachelor of Science, Human Nutrition, Foods, and Exercise**, May 2014

 Virginia Polytechnic Institute and State University (Virginia Tech)

 Blacksburg, VA

 GPA: 3.2/4.0

 **Minors in Music & Psychology**

**PROFESSIONAL** **Registered Nurse (RN), Riverside Rehabilitation Institute**

**MEDICAL** Yorktown, VA (May 2020 – Present)

**EXPERIENCE** \*Manage lines, drains, and airways

\*Perform wound care, wound vacuum-assisted closure (VAC), and dressing changes for pressure injuries, surgical incisions, and weapon-acquired injuries

\*Treat patients during rapid responses and perform documentation

\*Perform lab draws from peripheral arms and central catheter lines

\*Educate, document, and chart patient records using the Epic application

\*Preceptor for new hire RN’s

 **Registered Nurse, Sentara Careplex Medical Center**

 Hampton VA (July 2019 – April 2020)

 \*Skills include ones listed from previous job and treating acutely ill patients

\*conditions include diabetes, stroke, congestive heart failure, chronic obstructive pulmonary disease, & alcohol withdrawal

\*Monitor cardiac rhythms on telemetry monitor

 \*Initiate, titrate, and manage cardiac drips

 \*treated patients on the COVID-19 step-down unit

**PREVIOUS** **Health Educator, Hampton University**

**WORK** Hampton, VA (June 2018 – January 2019)

**EXPERIENCE** \*Collaborated with an interdisciplinary team to create a peer educator program

 \*Taught students about sexually transmitted infections (STI’s) and assisted in testing

 \*Gathered research articles and taught students about proactive prevention.

 **Wellness Coach, Victory YMCA**

 Yorktown, VA (January 2016 – September 2017)

 \*Screened new clients and assisted them in safe and therapeutic exercise routines

 \*Provided a safe and clean environment for members to exercise in

 **Health Coach, Pediatric Consultants of Hampton Roads**

 Newport News, VA (May 2014 – January 2019)

 \*Created a weight loss program for families and collaborated with an interdisciplinary team to help patients

 achieve goals

 \*Acquired vital signs for patients

 \*Educated families about chronic conditions

 \*Conditions include heart issues, diabetes, stroke, and diminished bone health

**PROFESSIONAL Culturally Competent Nursing Care:** September 2020

**CERTIFICATIONS & National Institutes of Health Stroke Scale** (NIHSS): February 2020

**ACTIVITIES Basic Life Support, American Heart Association** January 2020

 **Nursing Ambassador for the Student Nursing Council** (September 2017 – May 2019)

**VOLUNTEER Nightingale Regional Air Ambulance** (Januaray 2020)

**WORK & OTHER Volunteer Peninsula for the Homeless** (January 2018 – May 2018)

**ACTIVITIES American Red Cross Blood Drive(s)** (January 2018 – January 2019)

 **Volunteer at the Victory YMCA (**September 2015-January 2016)

 **Study Abroad in Senegal** (December 2013 – January 2014)

References available upon request