

For this assignment, I chose to analyze the volunteer work at the INOVA fair oaks hospital, specifically the Emergency Department. As a volunteer working with INOVA, you can do things such as interact with patients and faculty, ingratiate yourself into the environment of a hospital, gain skills useful in the health services field, and even gain preferential treatment for any position applications should you want to properly work at one of your former posts. This volunteer work essentially an internship even more than a residency does, and if one does decide to work in one of the hospitals they've already volunteered in, it's more than helpful to have staff who have previous knowledge and appreciation for your work to potentially expedite the process of applying and interviewing.

The purpose of INOVA is to provide quality affordable healthcare and health services to northern Virginia, extending from the organization at large to it's many employees and volunteers. This community partner provides life saving and life enhancing operations and care at an affordable cost and at a high standard. The organization of course addresses needs pertaining to the saving of lives, but it also provides services like neonatal care, psychological counseling, and physical fitness and dieting assistance. This organization is vital to it's community as the tentpole of physical and psychological well being, especially during the current pandemic. This video shows INOVA's dedication to child health and wellbeing, especially in a higher cost area like northern virginia, where having children can be costly and stressful, :<https://www.youtube.com/watch?v=CPKtvDfTMBE>

Overall, after doing my research on this institution, my opinion on the importance of health services hasn't changed, I still recognize its importance to the point that I always have. I think that maintaining the physical and psychological health of a community is essential for the community to thrive and grow, and my research into this organization has only vindicated that

mindset. The quality and affordability of healthcare in the US has always been a point of contention, especially when considering the cost of living, and the ever present and growing monetary schisms, so having an organization like INOVA operate in one of these higher cost areas and providing affordable and quality healthcare can be a godsend to families with very little disposable income, which is a group that is steadily growing. In my mind, any work that can help to vindicate these groups and organizations that value the more human side of healthcare, rather than simply looking at it as an industry, deserve all the help and support they can get, and I'm more than willing to contribute my fair share of both.

These services don't necessarily relate to my intended career field, I intend to join the navy, and work in the government possibly as a contractor following, but I am still interested in this field, and I would like to see if it's with changing my plan if I like it enough. This could definitely relate to a degree in nursing, and although my current one is undecided, I could change it to nursing if I decide to pull myself towards that direction. But nursing wouldn't make a good parallel major, it definitely seems to be a very major.... Well, major. I just feel like if I were to choose this field, it would be an all or nothing situation, and if I feel like I can manage that, maybe I'll choose it.