**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***Darden College of Education***

***Education Building II***

4301 Hampton Blvd

**Department of Counseling**

**& Human Services**

Main Office #2101

Norfolk, VA 23529

Phone (757) 683-3226

Fax (757) 683-5756

**Interim Department Chair**

***Associate Professor***

*Dr. Jeffry Moe*

*jmoe@odu.edu*

**Counseling Graduate**

**Program Director**

***Associate Professor***

*Dr. Kaprea Johnson*

*kfjohnso@odu.edu*

**Human Services Online**

**Program Director**

***Associate Professor***

*Dr. Mark Rehfuss*

*mrehfuss@odu.edu*

**Human Services**

**Undergraduate**

**Program Director**

***Assistant Professor***

*Dr. Narketta Sparkman-Key*

*nsparkma@odu.edu*



5/7/18

To Whom It May Concern:

It is with great pleasure that I write this recommendation letter on behalf of Elrida Carriglitto. I met Elrida in the Spring of 2018 when I was her instructor at Old Dominion University. Elrida was an asset in the classroom as she always contributed to the classroom discussion, was always on time and prepared and displayed natural leadership skills while working in groups with her classmates.

Elrida also possesses strong writing and critical thinking skills. When presented with challenging material, Elrida is willing to confront her previously held beliefs and accept the views of others. Elrida is committed to building strong relationships and values inclusivity and diversity.

Elrida is also very detailed oriented and committed to producing quality work. With her commitment to developing in her role as a strong human services professional and over 23 years of experience working with customers in various capacities, I have no doubt that Elrida will succeed in any position that she is in.

If you have any questions please reach out to me at [nborden@odu.edu](mailto:nborden@odu.edu) or by phone at (904) 254-6794.

Sincerely,

Ne’Shaun Borden, M.S, LMHC