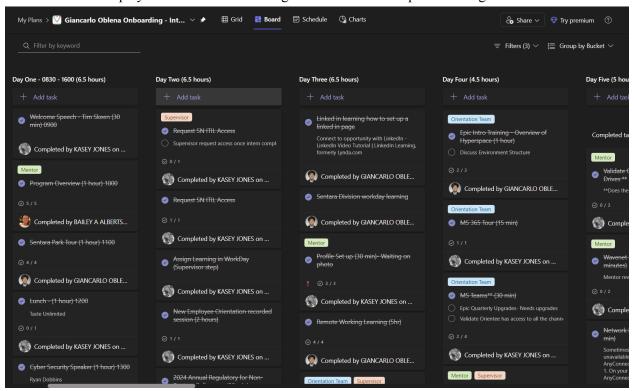
Giancarlo Oblena First 50 Hours of Sentara Internship Reflection #1

Coming into Sentara as an IT Clinical Systems Intern, I knew that this would be a whole new experience for me because I have never dealt with IT in the aspect of healthcare. From this, I mostly hope to gain experience in the Cybersecurity/IT field as I have only been learning through my classes at ODU. Not only that, but I hope to use the knowledge I have learned prior to the internship to help the company succeed. Each week of the 10-week internship, I am set to work a maximum of 24 hours. Although the internship is completed remotely, my first day was held in-person at the Sentara Park location in Virginia Beach. I was given the opportunity to meet some of the IT team, including my mentor, get an overview of the 10-week internship, and get my laptop that I would use to work from home. From there, the first two weeks (48 hours) were spent completing onboarding tasks such as Workday Learnings, Linkedin Learnings, and attending meetings regarding the internship. From these learnings and meetings, I was educated on various company rules and regulations such as HIPAA (Health Insurance Portability and Accountability Act) and PHI (Personal Health Information). Not only that, but I was given an introduction to the different EMR (Electronic Medical Record) software systems I would be using such as Epic and ServiceNow. Some challenges that I ran into during these first 50 hours were feeling overwhelmed with the content and amount of new information being presented. However, I am grateful for the fact that I am gaining experience and learning more about this field.

This screenshot displays the various onboarding tasks that were completed during Week 1 & 2:



This screenshot displays only few of the many Workday Learnings I had to complete during Week 1 & 2:

