

## Neuroticism

- Accurate in describing my personality.
- Throughout my entire life, I have always been in tune to my emotions. Sometimes it has been said that I feel "too much"/"too sensitive" or that I take things too personally. My feelings have a tendency to get hurt or upset when they shouldn't.
- Example: I am a desk receptionist at the dorms on campus, parents or students come to the desk and have an issue with something and get upset. Then parent or student gets upset with me, I normally get upset even though the issue is out of my control or ability to fix.

## Extraversion

- Least accurate to my personality out of the five characteristics, but still fairly accurate.
- While I do enjoy being around people, I do not enjoy being around many people. I have my smallish group of friends that I spend my time with. Other than that, large parties or groups of people make me extremely uncomfortable. Although I do not enjoy large groups of people my social, school, and family calendar are quite full.

## Openness to Experience

- Accurate to my personality.
- While I enjoy learning about new things and ideas, once I have found a something or a way of doing a particular task I stick to it. In those cases I am very stingy when it comes to change. I also have a great appreciation for older things.
- Example: My Iphone may be attached to me at all times, but my apartment is filled with dozens of vinyl records and three different record players.

## Agreeableness

- The most accurate characteristic in reference to my personality. Also highest score of the five characteristics.
- I would classify myself as a very compassionate and caring human being. I am also a big people pleaser. I want everyone to be happy with just about everything, and if that means avoiding conflict by sacrificing my own opinions or feelings then so be it.

## Conscientiousness

- Pretty accurate in describing my personality.
- Everything in my life has a place and order. I am very organized most of the time, but the busier or more stressed I become the less things become organized. At that point aspects of my life become an organized chaos.
- Example: My planner is color coded for my different classes and activities in my daily life. In addition to my planner I have lists, and reminder on my phone and laptop for assignments etc. All the while, every outfit I tried on in the last week and decided not to wear are sprawled across my bedroom floor.