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 I feel as though college is a repetition of all of the growing up I have done in the past eighteen years. I see myself going through the same moods, and I see myself learning to practice the same lessons in life that I have spent so long working to understand. I remind myself that in kindergarten I learned to control my temper in challenging settings. In primary school, I learned how to work with others and make friends. In middle school, I learned how to respect others and how to be resilient in the face of judgement. In high school, the management of my school life, work life, and academic life taught me to hold myself to a standard of performance. College has put me through all of these lessons again, but with an intensity which dares me to do more. My academics and my athletic life have taught me that I can push myself harder than I ever thought possible. But it is being with my friends and an actively social part of the community that has taught me passion and empathy for others. Watching my peers and teammates push themselves to their limits, I have learned to be caring and understanding of others. Everyone can be excellent, and it is the individuals who reach into their potential to bring out beautiful results that are truly inspiring.