

# Academic Advising

---



Department of Psychology



# Welcome to ODU's Dept. of Psyc!

---

- ❑ Psychology housed in the COS
  - College of Sciences; B.S. Degree
  - <https://www.odu.edu/psychology>
  
- ❑ Psychology Curriculum Sheet
  - Catalog year corresponds to the semester/year started at ODU
  - Degree Works (DW)

# Intro



## □ Meet your Advisors:

- Jennifer Muth Yunkin; Suzanne Morrow; Krystall Dunaway; & Erin Moore

## □ Undergraduate Advising Assistant:

- Danyel Cuffee
- [psychadvising@odu.edu](mailto:psychadvising@odu.edu)



# Academic Advising: Student

---

- ❑ “Students are held individually responsible for the information contained in the University Catalog. Failure to read and comply with University regulations will not exempt students from whatever penalties they may incur.”
- ❑ Old Dominion University Catalog (19-20)

# Academic Advising: Advisor

---

- ❑ “Advisors will make every effort to give effective guidance to students in academic matters and to refer students to those qualified to help them in other matters, but the final responsibility for meeting all academic requirements for a selected program rests with the student.”
- ❑ Old Dominion University Catalog (19-20)

# Information Sources: Utilize!

---

- ❑ Old Dominion University Catalog
  - Online at [www.odu.edu](http://www.odu.edu).
  - Home page: search button
- ❑ News from Leo Online
  - [www.odu.edu/registrar](http://www.odu.edu/registrar)
- ❑ Psyc Department Academic Advising
  - <https://www.odu.edu/psychology/advising>
  - Degree Works: run report every semester

# Requirements

---

- ❑ Lower Division University General Education Requirements
  - University Catalog
- ❑ Upper Division University General Education Requirements
  - University Catalog
- ❑ Psychology Major Requirements
  - University Catalog

# Lower Division Requirements

## *Skills*

---

- ☐ Written Communication: 6 hrs \_\_\_\_
  - ENGL 110C
  - ENGL 211C, 221C, \***231C**      \***recommended**
  
- ☐ Mathematical Skills: 3 hrs \_\_\_\_
  - Math 102M/103M or higher (Pre-Cal/Calc)
  - Placement: Advising & Transfer Programs



# Lower Division Requirements

*Skills continued...*

---

- ☐ Info Lit & Research: 3 hrs \_\_\_\_
  - IT 150G, LIBS 110G, HLTH 120G, STEM 251G
  - CS 120G, \***121G** \***recommended**
- ☐ Oral Communication: 3 hrs \_\_\_\_
  - COMM 101R, 103R, 112R, THEA 152R
- ☐ Foreign Language: 0-6 hrs \_\_\_\_ \_\_\_\_
  - May be satisfied by associates degree from VA community colleges; 3 yrs of one language or 2 yrs of 2 languages in high school; TOEFL; ASL; or high school grad before 1986.
  - 6 hours must be in same language

# Lower Division Requirements

## *Ways of Knowing*

---

- ☐ Human Creativity: 3 hrs \_\_\_\_
  - ARTH 121A; ARTS 122A;
  - COMM/THEA 270A; DANC 185A;
  - MUSC 264A; THEA 241A
- ☐ Literature: 3 hrs \_\_\_\_
  - ENGL 112L, 144L; FLET 100L
- ☐ Interpreting the Past: 3 hrs \_\_\_\_
  - HIST 100H; 101H, 102H, 103H, 104H, 105H
- ☐ Philosophy & Ethics: 3 hrs \_\_\_\_
  - PHIL 110P, 120P, 140P, 230E, 250E, 303E, 344E, 345E, 441E, 442E

# Lower Division Requirements

*Ways of Knowing continued...*

---

## □ Human Behavior: 3 hrs

- AAST 100S; \***ANTR 110S**; COMM 200S; \***CRJS 215S**; ECON 200S, 201S, 202S; FIN 210S; GEOG 100S, 101S; POLS 100S, 101S; 102S; \***SOC 201S**; WMST 201S
- (Note: Psychology majors cannot use psychology courses (e.g., Psyc 201 or Psyc 203) toward this requirement.)

# Lower Division Requirements

*Ways of Knowing* continued...

---

- The Nature of Science: 8 hrs \_\_\_\_
- Laboratory Science (lecture & lab)
- BIOL 105N-106N, 110N/111N-117N/118N, 121N/122N-123N/124N, 112N-113N
- CHEM 105N/106N-107N/108N, 121N/122N-123N/124N, 137N-138N
- OEAS 106N-107N
- OEAS 110/111N-112N
- PHYS 101N-102N, 103N-104N,
- PHYS 111N-112N, 231N-232N

# Lower Division Requirements

*Ways of Knowing continued...*

---

- ❑ The Impact of Technology : 3 hrs \_\_\_\_
  - ❑ COMM 372T; CS 300T; DNTH 440T; EET 370T; ENGL 307T; GEOG 306T; HIST 304T, 389T; HIST 386T/SCI 302T; IT 360T; MUSC 335T; PHIL 383T; POLS 350T; STEM 110T, 370T; WMST 390T
  - ❑ Refer to latest list in DW
  - ❑ CS 300T cannot be used for Option D

# Upper Division Requirements

---

## ☐ **Option A**

- **Minor, Second Major**, Second Degree
- See section on Minors in catalog. For departmental requirements and **to declare** a minor or second major, contact the department offering the minor or second major

## ☐ **Option B**

- Interdisciplinary Minor – 12 hrs.
- Refer to catalog for requirements.

# Upper Division Requirements Cont.

---

## ☐ **Option C**

- Int'l Business & Regional Courses - 9 hrs
- Refer to catalog for course list; requirements.

## ☐ **Option D**

- Two 300-400 level courses outside COS
  - ☐ Refer to DW for complete list

# Requirements for Psychology Major

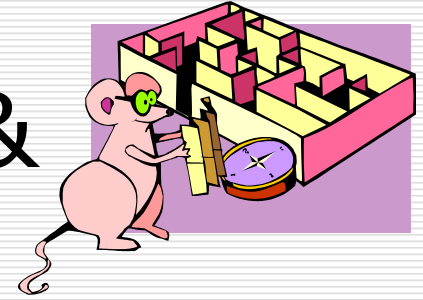
---

- ❑ 38 hours; C or better in ALL Psyc courses
- ❑ No more than ONE 200-level apply to 38 (Psyc 201)
- ❑ Four Required – 14 credits
  - PSYC 201S (must pass with a C or better)
  - PSYC 316 (prerequisite: MATH 102M or 103; min. C)
  - PSYC 317 (prerequisite: PSYC 316)
  - PSYC 318W (prerequisite: Engl 110 and Engl 211, 221 or 231; PSYC 317 - min. C)
- ❑ One course from Areas I-IV – 12 credits
- ❑ Psyc Electives – 12 credits (300-400 level)



# Area 1: Biological Bases & Cognition

---



- ☐ PSYC 410                      Cognition
- ☐ PSYC 413                      Sensation and Perception
- ☐ PSYC 424                      Physiological
  
- ☐ One course (3 credits) MUST come from this area
- ☐ Recommendation: take after 12 credit hours of psychology coursework

# Area 2: Personality & Social Processes

---

- ☐ PSYC 304 Social Psychology
  - ☐ PSYC 408 Theories of Personality
  - ☐ PSYC 420 Cross-Cultural Psychology
- 
- ☐ One course (3 credits) MUST come from this area

# Area 3: Developmental

---

- ☐ PSYC 322 Psychology of Adolescence
  - ☐ PSYC 351 Child Development
  - ☐ PSYC 353 Adulthood & Aging
- 
- ☐ One course (3 credits) MUST come from this area

# Area 4: Applied

---

- ☐ PSYC 303 Industrial/Organizational
  - ☐ PSYC 306 Health Psychology
  - ☐ PSYC 344 Human Factors
  - ☐ PSYC 405 Abnormal Psychology
- 
- ☐ One course (3 credits) MUST come from this area

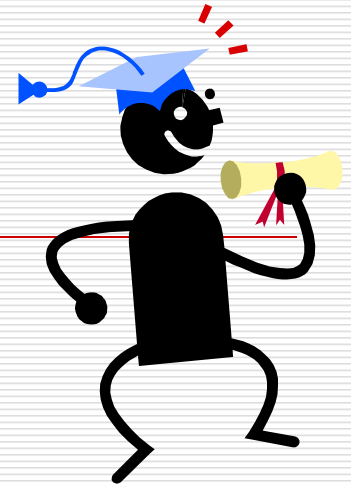
# Psychology Elective Courses

---

- ❑ 12 hours can come from any of the courses from Areas I-IV or elective list (bottom of CS)
- ❑ Transfer (no more than one 200-level; Psyc 201)
- ❑ Better preparation for career &/or graduate school
  - Experiential learning
  - Conducting research
- ❑ Become better acquainted with faculty members

# Graduation Requirements

---



- ☐ 120 Hours
- ☐ 2.00 GPA
  - Overall; major; minor
- ☐ University writing requirement
  - Comp I & II; Psyc 318W – C or better
- ☐ Final semester
  - University Senior Assessment
  - Psychology Senior Assessment

# Advising:

---

- ❑ Email [psychadvising@odu.edu](mailto:psychadvising@odu.edu)
  - Specify reason seeking advising
  - State availability (see below)
  
- ❑ Advisors:
  - Refer to advising website for list of days/times
  - Have list of questions ready (review DW)
  
- ❑ Faculty
  - <https://www.odu.edu/psychology/directory>
  - Career & Grad School advice
  - Research Interests List

# General Advising Information

---

- ❑ Pre-registration time period (Nov. & April) hectic; come early!
  - Fall: come in Aug.-Oct.
  - Spring: come in Jan.-Mar.
  - Summer: see schedule on dept website:  
<https://www.odu.edu/psychology/advising.html.html>
- ❑ Note: Advisor Hold lifted through 2025



# Graduation Advising

---

- ❑ You *should* attend Graduation Advising!
- ❑ Graduation Advising occurs the semester *prior* to your intended graduation.
- ❑ Run a Degree Works report every semester.
- ❑ Student is responsible for obtaining University graduation information
  - Graduation application; registration for commencement

# Psyc Student Organizations

---

- ❑ Psi Chi / APS
- ❑ Human Factors & Ergonomics Society (HFES)
- ❑ Industrial Organizational Psychology Student Association (IOPSA)
- ❑ Health Psychology Student Association

# LeADERS



## □ LeADERS Mission<sub>++</sub>

- LeADERS is a pathway connecting students to enriching courses and active learning experiences resulting in a competitive edge in their chosen careers.
- Complete 3, 4, or 5 LeADERS designated courses
- Develop LeADERS ePortfolio to highlight experiences & learning

## □ Become a candidate:

- <https://www.odu.edu/success/programs/leaders>

# Final Points

---

- ❑ Email [psychadvising@odu.edu](mailto:psychadvising@odu.edu):
  - Attach Acad Adv form – Name/UIN & Signed/dated
  - Specify if 2<sup>nd</sup> major; if so, indicate which one listed 1<sup>st</sup>
  
- ❑ Registration
  - Campus A – Norfolk; Campus B – other campuses or online
  - Online courses: Web 2,5, & 7
  - Pre-registration and Time Ticketing