

Review Maslow's Hierarchy of Needs and explain how each level relates to your experiences with technology. Give specific examples of how your digital experiences relate to each level of need.

Maslow's Hierarchy of Needs comprises five distinct levels: physiological needs, safety and security, love and belonging, esteem needs, and self-actualization. Firstly, physiological needs are addressed through experiences with food delivery services like DoorDash, meeting the fundamental requirement for sustenance and survival. Secondly, safety and security needs are met by employing technology, such as setting up a home security system. This enhances overall safety and provides a sense of security. The third level, love and belonging, is facilitated by technology through communication with family and loved ones via FaceTime and social media, fostering a sense of connection. Moving on to esteem needs, individuals use technology to create online portfolios showcasing achievements, seeking recognition and reinforcing their self-worth. Lastly, the pursuit of self-actualization aligns with technology as individuals engage in online courses or classes to unlock their true potential. In summary, these digital experiences intricately intertwine with each level of Maslow's Hierarchy of Needs, fulfilling diverse aspects of human well-being.