

Ingredient List

- almond
- black beans
- chocolate
- dates
- eggs
- Eggrolls
- fish
- ginger
- honey
- ice cream
- jelly / jam
- kale
- lobster
- Milk
- Noodles
- Ostrich
- Port
- Quiche
- Rice
- Spinach
- Tiger Prawn
- Urchin
- Walnuts
- Xanthan
- Yogurt
- Zucchini