

Mid Semester Reflection (75 points)

Due Date: October 22nd

Assignment Submission: Via Blackboard Word Document **and eventually** via your e-portfolio on the "Mid-Semester Reflection" Page (you can copy and paste it)

For this assignment, please reflect on the following questions. Please provide a paragraph-length response to each of the four topics, making sure to answer all the sub-questions.

1. Study habits

- a. How much time do you spend studying for each class every week?
 - i. Do your grades reflect the amount of time that you study?
 - ii. Do you need to put more time into studying, and for which class or classes?
- b. Where do you study?
 - i. Do you find yourself distracted while studying? What could you do to remove these distractions?
- c. What time of day are you the most focused and alert? Do you study at this time?

I do not spend much time studying for each class other than chemistry and sociology. I primarily study for these classes when I have an assignment approaching like some kind of quiz so that I know what areas to focus my attention on. I usually focus very well on the tasks at hand when I set aside a specific time for it. I typically start studying late afternoon after getting all of my other work done.

2. Learning style

- a. What new study techniques have you tried this semester based on what you have learned? If you haven't tried a new study technique, why?
- b. What specific study techniques do you think work best for you? How do these vary from class to class?

I have done a lot of practice quizzes this semester and it has helped me greatly. Practice makes perfect so this form of study has worked best with math and sociology since I have to focus more on the application of content rather than definitions.

3. Transition to college

- a. Now that you're half way through the semester - Has college been what you expected?
 - i. In what way is your college experience different from what you expected?
 - ii. What has surprised you about your experiences so far this semester?
- b. What is your favorite thing about campus? What is the toughest challenge?

College has been not at all what I expected, largely due to the coronavirus pandemic. I haven't got the chance to experience any social events like sports games or spirit weeks. How much freedom you have in classes is also still surprising. I haven't been able to explore much of campus since I do not live on campus and only have to attend lab there. The toughest thing has been not connecting with peers or teachers due to everything being online and lots of social gathering being cancelled or virtualized.

4. Connecting to campus

- a. Name one problem or challenge you have encountered this semester, and which resource(s) at ODU you have/can utilize to assist with this situation.
- b. Is there a friend, roommate, professor, advisor, or group in the ODU community who has helped you so far this semester? If so, how did they help you?
- c. Have you attended an interest meeting for a club? Why did you decide to get involved or not get involved?

English papers still aren't the strongest but the Writing Center has definitely helped clarify some of my weaknesses! I haven't received much help this semester from anyone specifically. I haven't attended any interest meetings for clubs or anything because I do not find the commitment worth it if everything is done virtually nowadays. I do look forward to participating more when the pandemic gives us more freedom to interact with each other!

Rubric

Criteria	Excellent (75-70.5 points)	Sufficient (70.49-63 points)	Minimal (62.99-55.5 points)	Unacceptable (55.49-0 points)
Depth of Reflection	Response demonstrates an in-depth reflection about the semester so far. Viewpoints and interpretations are insightful. Clear, detailed examples are provided, as applicable.	Response demonstrates a general reflection about the semester so far. Viewpoints and interpretations are supported. Appropriate examples are provided, as applicable.	Response demonstrates a minimal reflection about the semester so far. Viewpoints and interpretations are unsupported or supported with flawed arguments. Examples, when applicable, are not provided or are irrelevant to the assignment.	Response demonstrates a lack of reflection about the semester so far. Viewpoints and interpretations are missing, inappropriate, and/or unsupported. Examples, when applicable, are not provided.
Required Components	Response includes all components and meets or exceeds all requirements indicated	Response includes all components and meets all requirements indicated in the	Response is missing some components and/or does not	Response excludes essential components and/or does not address the

	in the instructions. Each question is addressed thoroughly.	instructions. Each question is addressed.	fully meet the requirements indicated in the instructions. Some are not addressed.	requirements indicated in the instructions. Many parts of the assignment are addressed minimally, inadequately, and/or not at all.
Structure	Writing is clear, concise, and well organized with excellent sentence/paragraph construction. Thoughts are expressed in a coherent and logical manner. There are no spelling, grammar, or syntax errors per page of writing.	Writing is mostly clear, concise, and well organized with good sentence/paragraph construction. Thoughts are expressed in a coherent and logical manner. There are no more than three spelling, grammar, or syntax errors per page of writing.	Writing is unclear and/or disorganized. Thoughts are not expressed in a logical manner. There are no more than five spelling, grammar, or syntax errors per page of writing.	Writing is unclear and disorganized. Thoughts ramble and make little sense. There are numerous spelling, grammar, or syntax errors throughout the response.

Questions adapted from:

https://www.as.uky.edu/sites/default/files/Mod_3B_Learning_Style_Reflection.pdf