

Adedoyin Adeleke

Carrie Emerson-Coyle

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### “My Guardian Mentor” Outline

Thesis statement: Child neglect can have a long-lasting negative effect on a child, but mentoring can help prevent or even reverse it.

- I. This is the opening of my introductory paragraph.
  - A. Child neglect is a serious issue for the future of the world.
    - 1. Children are supposed to be treated kindly and loved.
    - 2. Another
- II. What is child neglect?
  - A. Child neglect is the absence by a parent or guardian that denies a child of their basic required needs and can result in harm.
    - 1. Imagine if a toddler was kept locked in a room with minimal food and attention.
    - 2. That is dangerous to the child’s health and future.
  - B. There are four areas that can be affected negatively by child neglect.
    - 1. The areas are physically, emotionally, education-wise, and medically.
    - 2. Growing up any little thing can affect a child’s future well-being.

Transition: Effects of child neglect can negatively affect children within 4 factors.

- III. What are the effects of child neglect?
  - A. The physical appearance of a child can be altered negatively if they are not getting proper nutrition.
    - 1. If they do not eat, they will be below proper weight.
    - 2. They can also have poor diet as they get older.
  - B. Apart from physical appearance, a child’s education can be lacking.
    - 1. They will perform poorly in school, if they have no support system (parents).
    - 2. They will feel like school is useless.

- C. In addition to the physical aspect and education, medically the child would be unsatisfied.
  - 1. In the case of nutrients, kids will be harmed physically due to lack of food.
  - 2. Child abuse can be a leading issue caused by child neglect.
- D. Lastly, the child can be emotionally harmed due to their parents being absent.
  - 1. "Have difficulty understanding the emotions of others, regulating their own emotions, or forming and maintaining relationships with others."
  - 2. They do not know how to openly express their emotion, let alone understand others feeling.
  - 3. "Have a limited ability to feel remorse or empathy, which may mean that they could hurt others without feeling their actions were wrong."
  - 4. They may tend to hurt others emotionally, without even knowing.

Transition: One step to preventing or even reversing the effects of child neglect would be mentoring.

#### IV. What is mentoring?

- A. First
  - 1. "Mentoring is an intentional, developmental relationship in which a more experienced, more knowledgeable person nurtures the professional and personal life of a less experienced, less knowledgeable person."
  - 2. Another
- B. Second
  - 1. "There have been a number of studies that have found that mentoring relationships (or, in some studies, perceived security in mentoring) lead to significant changes in a number of cognitive and emotional outcome variables, including attitudes toward school, academic confidence, self-concept, attitudes toward helping, feelings of school connectedness, representations of parental and teacher relationships, and perceptions of support from significant adults outside mentoring relationships (Larose and Tarabulsy, 2005)." (44)
  - 2. it expresses the areas in which mentoring can be helpful and an impact.

Transition:

#### V. What are the impacts of mentors?

- A. How they can affect troubled youth effectively
  - 1. "However, research has begun to point to a set of factors that distinguish more effective mentoring relationships, with duration, consistency, and a close emotional connection emerging as key characteristics"
  - 2. The more time you mentor a child, the more he or she will become comfortable
- B. Impact of mentors on foster care children and youth.
  - 1. "Foster parents were more likely to seek a mentor for their child because the child was "insecure and did not trust adults" and had poor relationships with others"

2. “Mentors can provide children with a sense of safety, dedication, and nurturance to children who are recovering from earlier traumatic experiences” (197)

C. What is the process of resiliency?

1. “Resiliency is a quality that helps victims of child maltreatment resist and recover from adversities”
2. “Resilient children possess cognitive coping skills that build confidence and reduce anxiety, social coping skills that involve forming and maintaining supportive social relationships, and behavioral coping skills that involve engaging in actions, like relaxation, to successfully cope with stress” (198)

VI. What can others say against this argument

- A. Some argue that it may be unintentional or even necessary that the parents are absent. Due to providing for the child/children’s needs.
  1. They take on multiple shifts to provide for the household.
- B. They might drop their children with a relative that may do a better job taking care of the children.

VII. Parents should never negatively affect children through child neglect, although mentoring can help avert it.