

Adrien R. Gaines

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Sports Management Major at Old Dominion University looking to leverage my proven experience and demonstrated success in leadership and building team culture. Knowledge of sports team development and statistics. An effective contributor known for school spirit and 'get it done' personality.

Education:

Old Dominion University, Norfolk VA - present
Sophomore – Sports Management Major

Burlington Township High School, Burlington Township NJ
Graduate – 2022; College Preparatory Studies

Work Experience:

The Dirty Buffalo Restaurant, Norfolk VA – September 2023 – Present
Restaurant Host/Carryout Service
Track seating chart for servers and diners
Greet diners and seat for service
Assist with carryout orders

Heritage Parking Company, NJ/PA-based company – May 2020 – Present
Car Parking Assistant
Interact with customers regarding vehicle parking for various events at various venues
Monitor parked cars for safety

College Activities:

Old Dominion University Club Volleyball Team

High School Athletics:

Member of the football team, winter and spring track teams
3 year starter for the football team (outside linebacker and special teams)
Football team captain (Senior year)
Team leader in tackles and among top in the state of NJ
Various medals earned on the track teams
Track team captain (Senior year)
Qualified for the NJ State Championship in the 100m, 200m, and 4x100m relay team

Awards and Honors:

School Spirit Award (Teacher-selected)
Homecoming King (Peer-Selected)
HS Black & Gold Team Competition Captain (Teacher-Selected)
HS Varsity Sports Letters in Track and Football

References available upon request