Find Your Dream Job (100 Points)

Let's find your dream job! You will do research to find your dream job in the health field and what type of education and skills you will need to get this job. The purpose of this activity is to help you gain a better understanding of how your intended major, future education goals, and skills need to be applied to the career you want. You will be expected to discuss this in class and it will be included on your ePortfolio.

Research - 50 points

- 1. List your dream job or jobs. In a perfect world, one day you will be a Recreational Therapist. Briefly describe what you'll do in this role. What knowledge, skills, or abilities do you think you will need for this job? As a Recreational Therapist, I will work to help older citizens, those with disabilities, and those with physical injuries improve their health and well-being. In order to carry out these responsibilities, I will need to know how to plan and execute rehabilitation programs for individuals who suffer a wide variety of ailments, as well as a great understanding of human anatomy. Some skills/abilities that I think that I will need for this job are communication, empathy, leadership, active listening, and problem solving.
- 2. Complete the quiz at https://advance.appily.com/careers/healthcare/quiz
- 3. Were you surprised by the results of the quiz compared to what you listed as your dream role? I got Executive as my ideal role, which was extremely far off from what I listed as my dream role. I am not particularly interested in the business side of healthcare at all, so this was certainly a shock to me.
- 4. Find at least 3 job postings that seem close to your dream job. Examples of where to search: Indeed.com, LinkedIn, USA Jobs, Glassdoor, or just Google the job you want to find!
- 5. Copy and paste the job posting links below. Make sure you include the following information:
 - a. C. Identify the salary range
 - b. How much experience would be required to apply for that job, what degrees, certifications or training is required?
 - c. What skills are and tasks are involved in performing the job you have found?

1. Job Posting Number 1:

https://www.glassdoor.com/job-listing/recreation-therapist-sentara-health-JV_IC113032 4_KO0,20_KE21,35.htm?jl=1009514032247&utm_campaign=google_jobs_apply&utm_s ource=google_jobs_apply&utm_medium=organic

- a. The salary range for this job is \$43,000-\$58,000.
- b. How much experience would be required to apply for that job, what degrees, certifications or training is required? I would need at least a Bachelor's Degree,
 1 year of related experience, and I must have the CTR certification.
- c. What skills are and tasks are involved in performing the job you have found? The skills and tasks that are involved in performing the job that I have found are being able to work with individuals with physical ailments and disabilities, compassion, empathy, integrity, and communication.

2. Job Posting Number 2:

https://www.indeed.com/viewjob?jk=d89bf462bd8b52cd&utm_campaign=google_jobs_apply&utm_source=google_jobs_apply&utm_medium=organic

- a. The salary for this job is \$48,648.
- b. How much experience would be required to apply for that job, what degrees, certifications or training is required? For this job, I will need to have knowledge gained from the professional curriculum, as well as a working knowledge of the principles and practices of Recreational Therapy. Additionally, I will more than likely need a Bachelor's Degree in Recreational Therapy as well as the CTR certification.
- c. What skills are and tasks are involved in performing the job you have found? The skills and tasks that are involved in performing this job are the ability to work effectively as a member of a team, effective communication skills, effective teaching and knowledge of anger management, socialization through recreation, leisure education, skill development, volunteerism, performing arts, and aquatic activities, as well as the ability to administer recreational therapy treatments.

3. Job Posting Number 3:

https://www.glassdoor.com/job-listing/recreation-therapist-birmingham-green-JV_IC1130381_KO0,20_KE21,37.htm?jl=1009524875469&utm_campaign=google_jobs_apply&utm_bource=go_ogle_jobs_apply&

- A. The salary range for this job is \$40,000-\$55,000.
- B. How much experience would be required to apply for that job, what degrees, certifications or training is required? For this job, I would need a Bachelor's degree in

Therapeutic Recreation, the Recreational Therapist certification, a minimum of one to three years' experience working with memory impaired individuals, and a current CPR certification.

C. What skills are and tasks are involved in performing the job you have found? The skills and tasks that are involved in performing the job that I have found are monitoring the quality and effectiveness of all of the resident programming on the memory impaired unit (including admission assessment and care plans), developing and implementing plans for group and one-on-one therapeutic programming, being able to lift without restrictions, and completing all duties as assigned.

Part 2: Apply to your Dream Job - 50 points

- 1. Think about the job postings you submitted for Part 1, and the knowledge, skills, and abilities you'll need. Did these jobs match what you had in mind for your dream job? Did you find your dream job? Describe the similarities and differences. For the most part, the skills, knowledge, and abilities of the job postings matched with my dream job. Many of the jobs required great communication skills, integrity, and empathy in order to be successful. On the other hand, many of the jobs also required skills that I had not thought of, such as being able to lift without restrictions and the effective teaching and knowledge of anger management. All in all, I would say that job postings 1 and 2 are the closest to my dream job, though I did not find my exact dream job. I want to work as a recreational therapist in a hospital or children's hospital setting, and these 2 jobs are in a hospital or rehab clinic, respectively. Additionally, I would like to work with either children or younger adults, and these two jobs are more aligned with those demographics than the final job posting. These two jobs do not guarantee that I will be working with these demographics, though, as both hospitals and rehab clinics work with individuals of all ages. Overall, job postings 1 and 2 most match my dream job, as they are closest to the setting I wish to work in, as well as the age demographics that I want to aid.
- 2. From the 3 job postings you found, choose one job you want the most, and use the list of skills required for the job of interest. Identify skills you already have and identify skills you are still building or need more experience performing. Discuss options to sharpen or learn the skills you will need to gain. Of these 3 job postings, I want job posting 1 the most, as it is the closest to my dream job. For this position, I will need to be able to work with individuals with physical ailments and disabilities, and I will need to be compassionate, empathetic, communicate effectively, and work with integrity. Of these skills, I certainly have compassion, empathy, communication, and integrity. I have worked hard over the course of my life building these skills and character traits, so I am both confident and competent in all of these categories. On the other hand, I

will need to learn how to work with individuals with physical ailments and disabilities. Since I am so early into my degree, I have not had many opportunities to practice working with physically afflicted individuals, so I am certainly inexperienced in this skill. That said, there are many ways that I could gain more experience working with physically impaired individuals, such as volunteering in a hospital or shadowing a recreational or physical therapist, and there may even be openings/opportunities to work with physically impaired individuals during some of my future classes. All in all, job posting 1 suits my interests best, but I will need to learn how to work with patients with physical ailments and disabilities first.

<u>Rubric</u>

Criteria	Excellent (100-90 points)	Sufficient (89.99-80 points)	Minimal (79.99-60 points)	Unacceptable (59.99-0 points)
Inclusions of requested information and Correctness of Assignment	Includes all requested information and goes into detail for each question. Professional Interviewed works in a health or health-related field. Professional's education must have an associate's degree or higher.	Includes most of the information requested. Correct, but limited details provided. Professional Interviewed works in a health or health-related field. Professional's education must have an associate's degree or higher.	Missing or incorrect information. Professional Interviewed works in a health or health-related field. Professional's education must have an associate's degree or higher.	Professional does not meet the criteria for the assignment. Does not answer any of the questions.
Ease of finding information	Assignment is easily found from the menu bar of the student's e-portfolio and is clearly identified. Fonts are easily read and layouts are appropriate to the assignment. Picture of the health professional is included.	Page is viewable but not easily locatable. Fonts are readable, information is present but does not have a logical flow.	No Logical flow to information. Missing, and/or partially answered questions. Font is illegible.	No page, or information provided.

Writing
quality of
assignment
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Writing is clear, concise, and well organized with excellent sentence/paragraph construction. Thoughts are expressed in a coherent and logical manner. There are no spelling, grammar, or syntax errors per page of writing.

Writing is mostly clear, concise, and well organized with good sentence/paragraph construction. Thoughts are expressed in a coherent and logical manner. There are no more than three spelling, grammar, or syntax errors per page of writing.

Writing is unclear and/or disorganized.
Thoughts are not expressed in a logical manner.
There are no more than five spelling, grammar, or syntax errors per page of writing.

Writing is unclear and disorganized. Thoughts ramble and make little sense. There are numerous spelling, grammar, or syntax errors throughout the response.