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Based on Maslow's Hierarchy of Needs, a digital experience I've had related to physiological needs is losing my phone. The first time this happened to me I had freaked out and panicked, in today's day in age we rely on our phones so much that without one it can be an issue. An experience I've had related to safety needs was getting a virus on my computer. When I was in high school, I was doing some research for a class and ended up clicking on a website that was directly linked to a virus. My computer began glitching and eventually it locked my computer, I had lost all important files. A belongingness and love need that I've experienced is being able to facetime and phone call my family and friends. Being long distance from my family it's an easy way to be emotionally connected through the phone. Social media plays a large part in today's generation, posting on platforms and receiving likes or positive comments can boost esteem needs. Throughout my life I've applied to multiple jobs through different apps like Indeed and LinkedIn. After many applications and time spent waiting, I had finally gotten two jobs offers which fulfilled my self-actualization needs.