

Angel Tanoh

CYSE 368

2 February 2025

Reflection #2

The first 100 hours of my internship at the Cyber Clinic have been an incredible learning experience. I've truly enjoyed everything we've covered in class, and I can see how much I've grown since the beginning of this journey.

One of my favorite parts was doing risk assessments for small businesses. This helped me improve my communication and confidence when talking to new people. I visited Tropical Smoothie and Henry Joe's to assess their cybersecurity risks, and at first, I was nervous. Before my first visit, I wasn't sure how it would go, but after completing the assessment at Henry Joe's, I realized it wasn't as scary as I thought. I tend to overthink things, but this experience pushed me out of my comfort zone and showed me that I'm more capable than I sometimes believe.

Something that I wished had gone differently was the opportunity to meet with my client, Jonathan Cares. I had spent time preparing my approach, practicing how to start the conversation, and thinking of ways to best support them in improving their cybersecurity. Unfortunately, they didn't attend our scheduled meeting, which was disappointing. As my team and I watched other groups interacting with their clients, I couldn't help but wish we had that same hands-on experience of consulting and guiding a business through its cybersecurity improvements.

Moving forward, I hope we are able to reconnect with Jonathan Cares. I truly admire their mission in addressing food insecurity and supporting their community. Being able to assist an

organization with such a meaningful cause would be an fulfilling experience. I look forward to continuing to grow through this internship and gaining even more hands on experience in the field of cybersecurity.