

Learning Style: Self-Assessment

1. I like to take thirty minutes to an hour out of my day for each class to study unless more time is needed. For example, If I have to study for something in particular that I need extra help on, I'd mainly focus on studying that and extend the necessary amount of time needed to study and be comfortable for the assignment. While in class, I adamantly take notes for each class and make sure they are organized for easy access when I need to go over them. I take the notes in class based on what is important so I am not rushing to write everything on the slides. Outside of class, I take those notes and study them until I understand everything necessary.

2. I am doing well in my American Writers Lit class. That class has a lot of discussions and reading involved. I normally go over the texts the night before class and read summaries to fully understand them. I also take notes while in class because we have to know some certain terms for exams. I study those terms after class to make sure I fully understand them.

3. One class I feel like I am struggling with is chemistry mainly because chemistry has never been my favorite. However, I am starting to understand it better than I did in high school, but some concepts are still hard to grasp.

Some strategies I've taken to improve are getting with friends in the class and going over questions we all have and seeing if we can solve them together and that works very well. I plan on taking time to study for the class about 30 minutes a day or whenever I possibly can. I want to spend more time studying the more challenging concepts like nuclear chemistry so far.

I am being very systematic in what I am doing and looking at all of the material carefully. I want to take more advantage of learning support like tutors I believe that would help a lot. I do have motivation but it has its ups and downs. My main motivation is to do well and I always have a fear of turning in something late so that never happens usually. If I have any confusion after I've tried studying or going on google to learn something, I plan to reach out to a tutor at school for help. I have a good amount of motivation to put my effort into this class and I plan to continue to be interesting and learn something new every day. If I have confusion I usually will go to a friend who might understand the material or go to the professor for help.

When preparing for an exam I found it very helpful to go over all my notes which I have organized separately based on the chapters and as well going on youtube for extra help with certain topics. I am not sure I've tried anything that did not work but I want to try new things. When I see questions I get wrong and then the correct answer I usually go over the explanation and evaluate what I did wrong.

4. One tip I learned was about organizing study groups and how to do them. We should have scheduled meetings and have a more planned-out schedule of what we need to study and learned to do well on tests. A tip I want to try is turning off my phone while studying or doing homework because I tend to get distracted easily. I also liked the tip about keeping a clean study area because sometimes your surroundings affect your mood and don't help you with studying. They gave a tip for preparing for test-taking and that was to summarize your notes which is a great method for quick studying when you wanna study a lot but don't have too much time. They also said to change answers to questions if you erred, or misread the question. This is a great way to understand something that I may not have understood before.
5. This technique is kind of weird because it is not your typical way of studying/learning, but acting like you are teaching the lesson to yourself or maybe a friend is a good way to better understand. If you can teach someone else the material without looking at anything, then you'll know that you understand it. You can also make quizzes for yourself like on Quizlet. The goal is to be like a teacher to understand the material.