

1. I am doing well in all of my classes. I am doing my best in my American Literature class now. I have been keeping up with the reading and doing well on the big assignment that I have done. I also show up to every class which is a large part of the grading.

I indicated that I needed help with chemistry in the learning-self assessment. I study a lot more and look through my notes often and I am doing a lot better with it. I was able to get a better exam score on the most recent one compared to the first one. Some strategies I have implemented have been doing study groups and working with my classmates to figure out topics we may not quite understand.

2. Coming to college my expectations were to do well in my classes as well as make connections with new people. I would say that so far, I am accomplishing both of those very well. I am just trying to be more out there and less of a shy person, and I have been building up my confidence which helps when meeting new people. I am also always staying on top of my work and making sure my grades are up.

I think the toughest challenge is that I live about 30 minutes away. It is hard not being able to go home quickly for something and come back here. It also feels like I am not as involved here because I can't just walk out of my dorm and go to fun events or meetings because I am not close by. The easiest thing to overcome was still being able to have friends on campus.

3. I learned about how competitive the nursing program really is. The fact that there are only around 80 spots for the program is crazy to think about. However, I am confident that I will be one of those 80 people at the end. I also learned a lot about what the career entails such as dealing with people and what goes into that.

I do not have much that has changed in my mind about my major. I am still excited to get into the field and learn about nursing and helping people. I think that the only thing that is scary is the fact that it may be hard to get into the program.

I don't really have any other majors I am thinking about pursuing. A minor I am very interested in is Spanish because it is something that will be very useful in the healthcare field. I do speak Spanish, but I want to be more confident in it and be able to put it on my resume. I just want to be able to speak it confidently and professionally and I think a minor in that would be beneficial.

4. A challenge that I have come across during my time at ODU was taking a break. I sometimes am always on the go constantly and not having room for breaks. Whether it be I am at school, studying, or doing homework, I tend to not take breaks. On

top of that I also work. I have time for breaks, but I want to take more while also still having to socialize.

I have had a few friends in the learning community who have helped me a lot during my time at ODU. They help me, as do I help them, understand concepts in certain classes that we may not understand. We usually all look at the problem together and figure out what could work best. I think that study groups have been the most beneficial to me in my short time in college so far because I do a lot better working with others than I do when I am by myself.

I have unfortunately not attended any interest meetings for a club, but I really want to. I have not found the time to go to the meetings because of how far I live and the times that are convenient, as well as the times I must work. They usually do not match my schedule. I am hoping that next semester I will have more time to go to interest meetings and find something to be a part of.