Newport News, VA 23602 • (843) 940-9380 • antoniocshields@gmail.com

SUMMARY OF QUALIFICATIONS

Over ten years of successful leadership, discipline, effective communication skills, and excellent analytical skills, with the vision to develop and implement successful proactive procedures and action plans within a given environment. An exemplary team member that exhibits enthusiasm and loyalty for an organization, while committed to Team Development. Successful, proven, and verifiable record for producing high top-quality work with a high focus on building and promoting lasting relationships in achieving the goals set by the organization. With extensive experience in implementing secure data handling protocols, overseeing compliance with federal government and healthcare regulations, and enhancing operational security measures, I am poised to excel in a cybersecurity role. The expertise I possess covers a vast amount of understanding of risk management principles and data protection standards that focus on the safeguarding of sensitive information.

	PROFESSIONAL EXPERIENCE	
UNITED STATES ARM	Λ Υ	June 2015 – May 2022

Respiratory Therapist Pulmonary and Sleep Disorder Clinic Manager September 2019-May 2022

As the Pulmonary and Sleep Disorder Clinic Manager at the McDonald Army Health Center, I demonstrated exceptional capabilities in information security, federal regulatory compliance, and privacy adherence within a healthcare setting. My role encompassed a broad range of responsibilities, from direct patient care and equipment management to overseeing clinical procedures and ensuring compliance with government regulations. My expertise in operating specialized respiratory equipment, coupled with a thorough understanding of pulmonary function testing, positioned me to significantly enhance patient outcomes and clinic efficiency. Additionally, my responsibility for scheduling, monitoring, and evaluating the training required by the facility underscored my commitment to maintaining high standards of care and regulatory compliance. Serving as a liaison between the Chief Pulmonologist, installation medical authorities, and external agencies allowed me to foster an environment of seamless communication and adherence to privacy laws, ensuring the protection of patient information and compliance with federal healthcare regulations.

Key Achievements:

Enhanced Patient Data Security: Implemented robust protocols for the secure handling and storage of patient medical records, significantly reducing the risk of unauthorized access and ensuring compliance with HIPAA regulations.

Streamlined Compliance Procedures: Developed and enforced clinical procedures that ensured strict adherence to federal regulatory requirements, leading to a 100% compliance rate during my tenure.

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Advanced Equipment Management: Oversaw the calibration and maintenance of critical respiratory care equipment, ensuring optimal performance and adherence to safety standards, thus enhancing patient care quality. **Pioneered Privacy Training Initiatives:** Initiated comprehensive privacy and information security training for clinic staff, cultivating a culture of confidentiality and respect for patient privacy.

Optimized Clinic Operations: Streamlined clinic scheduling, staffing, and inventory management processes, resulting in increased operational efficiency and improved patient care delivery.

Fostered Interagency Collaboration: Served as an effective liaison between the clinic and external agencies, enhancing communication, coordination, and compliance with healthcare regulations and standards.

Emergency Care Sergeant May 2017 – September 2018

During my tenure as the Emergency Care Sergeant for an infantry battalion, I honed my skills in emergency medical treatment, leadership, and operational readiness, directly contributing to the battalion's effectiveness in both field and garrison environments. My role was pivotal in ensuring the health and safety of soldiers through comprehensive training in emergency care practices, supervision of support activities, and direct provision of emergency medical services under the supervision of the Battalion Physician Assistant. I was entrusted with the professional development and readiness of four Healthcare Specialist subordinates, emphasizing not only their skills in emergency care but also their growth in military professionalism. My responsibilities extended to maintaining the medical readiness status of all soldiers within one infantry line company, a critical factor in the unit's overall operational capability. My tenure was marked by a commitment to excellence, leadership in healthcare provision, and a relentless focus on the well-being and preparedness of the soldiers under my care.

Key Achievements:

Leadership in Emergency Medical Training: Spearheaded comprehensive training programs for subordinates in emergency medical treatment, significantly enhancing the battalion's readiness and response capabilities in crises.

Operational Readiness and Support: Ensured the medical readiness of an entire infantry line company, directly contributing to the unit's operational effectiveness and capability to undertake missions successfully.

Direct Emergency Care Provision: Administered critical emergency care in high-pressure environments, under the guidance of the Battalion Physician Assistant, showcasing expertise and composure under fire.

Subordinate Development and Readiness: Directed the professional development, safety, and welfare of four Healthcare Specialist subordinates, fostering a team well-versed in military medical operations and emergency response.

Enhanced Medical Preparedness: Implemented stringent protocols for medical readiness assessments and training, ensuring that all soldiers met the highest standards of health and combat readiness.

Exemplary Supervision and Welfare Management: Oversaw field and garrison support activities, prioritizing the health and safety of soldiers, thereby maintaining high morale and operational efficiency within the unit.

Healthcare Specialist June 2015 – September 2019

As a Healthcare Specialist, I played a crucial role in the provision of comprehensive medical services across a broad spectrum of operational and clinical environments. My responsibilities spanned emergency medical treatment, limited primary care, forced health protection, and the evacuation of personnel from the point of

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injury or illness through to definitive care within the military health system. I was instrumental in administering both emergency and routine medical treatment to casualties, ensuring rapid response and continuity of care for both battle and non-battle related injuries. My role also extended to supporting outpatient care under the supervision of medical professionals, where I contributed significantly to patient management and treatment outcomes. Furthermore, I was committed to the training and development of soldiers, imparting essential lifesaving skills that enhanced unit readiness and individual soldier resilience.

Key Achievements:

Emergency Medical Excellence: Demonstrated exceptional skill in providing emergency medical treatment in diverse settings, significantly improving survival and recovery rates of casualties.

Primary Care and Health Protection: Delivered comprehensive primary care and force health protection measures, ensuring the health and readiness of military personnel for deployment and operational activities. **Efficient Casualty Evacuation**: Coordinated and executed efficient evacuation procedures for injured or ill personnel, optimizing the continuum of care from point of injury to definitive medical treatment facilities. **Outpatient Care Support:** Assisted in outpatient care, contributing to the effective treatment and management

Outpatient Care Support: Assisted in outpatient care, contributing to the effective treatment and management of a wide range of health conditions under the guidance of healthcare professionals.

Lifesaving Skills Training: Led the development and delivery of basic lifesaving skills training for soldiers, significantly enhancing the unit's overall emergency response capability.

Operational and Clinical Versatility: Demonstrated versatility by adapting to various clinical and operational environments, ensuring the delivery of high-quality medical care and support across all assignments.

CERTIFICATIONS & TRAININGS

Certified CompTIA Security + - March 12, 2024

IBM Cybersecurity Analyst Professional Certificate – December 5, 2023

Respiratory Therapist Credentialing~2019~2024

EDUCATIONAL BACKGROUND

Bachelor of Science, Cybersecurity – Pending May 2024
Old Dominion University
Master of Science, Biological Sciences
Hampton University
Bachelor of Science, Biological Sciences
Hampton University
Associate of Science, Health Science
University of Incarnate Word

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TECHNICAL PROFICIENCIES

Data Analysis Tools:

- Microsoft Excel (Advanced Functions, PivotTables)
- SQL for Data Querying
- Python for Data Analysis

Software:

- Microsoft Office Suite (Word, PowerPoint, Outlook)
- Adobe Acrobat Professional for PDF Management

DOCUMENTATION MASTERY

NIST Standards: NIST Special Publication 800-53: Security and Privacy Controls for Federal Information Systems and Organizations.

NIST Cybersecurity Framework (CSF) & NIST Special Publication 800-37: Risk Management Framework for Information Systems and Organizations.

ISO Standards: ISO/IEC 27001: Information Security Management System (ISMS). ISO/IEC 27002: Code of Practice for Information Security Controls.

ISO/IEC 27005: Information Security Risk Management.

HIPAA Documentation: HIPAA Privacy Rule (45 CFR Part 160 and Subparts A and E of Part 164). HIPAA Security Rule (45 CFR Part 160 and Subparts A and C of Part 164).

GDPR Documentation: General Data Protection Regulation (EU) 2016/679.

ITIL Documentation: ITIL (Information Technology Infrastructure Library) Framework.

COBIT (Control Objectives for Information and Related Technologies): COBIT 2019 Framework.