

ODU Speech and Hearing Clinic
Therapy Plan

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| Clinician: Aubrey Ditto | Session Date: |
| Tx Schedule: | Client Age: 11.3 |
| Treatment Area(s): Cognitive Communication for ADHD and ODD | Supervisor Approved : |

SEMESTER GOALS:

One Long-Term Goal

- 1) The client will be able to independently function and remain attentive to be mainstreamed in a general education curriculum by the time he reaches 6th grade.

Three Short-Term Goals

- 1) The client will be able to self-regulate his thoughts, ideas, and emotions when observed in a peer-group discussion during interactive play in four out of five trials.
- 2) The client will achieve passing level results on a practice reading and writing state-wide benchmark standardized testing with approved accommodation in two out of three trials.
- 3) The client will increase his receptive language ability by answering open-ended questions about a known story in four out of five trials.

Activity

The activity I think would be best for our client, Kyle is an art project-based activity, Based on his case history, art seems to be a great way to get Kyle to express himself and open up. I would suggest an activity where the clinician and client are engaging in a story, each person is to draw or paint their interpretation of the story. The clinician and client will read the story together one line at a time. When it is the client's turn, the clinician will ask reinforcing open-ended questions to facilitate language in kyle while also engaging his working memory. The reward is to be able to draw the next part of the story. Another way therapy can be integrated into this activity is to leave some details open to interpretation or leave some obvious information out. For example, have a story about cold weather or a large ship; does the client draw the people with warm clothes on, or does the client draw an open ocean scene. I hope this activity makes sense. I think it would be a great activity for kyle to engage his attention span, artistic ability, and increase his receptive language ability to pass the state-wide benchmark examination and be removed from the special education curriculum.

SESSION OBJECTIVES:

Objective 1:

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| Activity: | Time Allotted: |
| Materials: | |
| Implementation and Reinforcement: | |

Objective 2:

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| Activity: | Time Allotted: |
| Materials: | |
| Implementation and Reinforcement: | |

Objective 3:

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| Activity: | Time Allotted: |
| Materials: | |
| Implementation and Reinforcement: | |

Objective 4:

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| Activity: | Time Allotted: |
| Materials: | |
| Implementation and Reinforcement: | |

Objective 5:

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| Activity: | Time Allotted: |
| Materials: | |
| Implementation and Reinforcement: | |

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| Strategies/Activities for Behavior Management: | |
| Homework Assignment: | |

