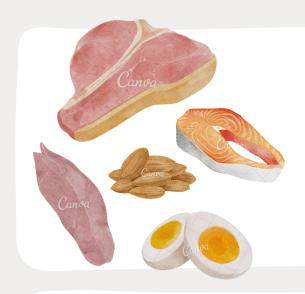


Favorite Food-Jasmine Rice

Four macromolecules in jasmine rice



Protein

Jasmine Rice has about 3g of protein.

Carbohydrates

Jasmine Rice has about 39g of carbs.



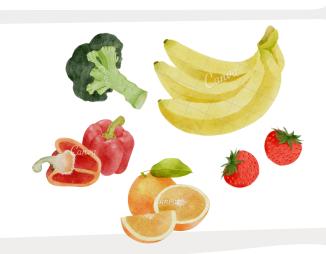


Fatty Acid

Jamine Rice contains Palmitic acid, which is a saturated fatty acid.

DNA

Vitamins are vital for warding off disease and staying healthy.





Lipids

Jasmine Rice has about 0.48g of lipids. That is a very small trace.

Vitamins

Jasmine Rice contains no vitamins, but it does have 2mg of calcium, 31mg of potassium, and 0.5mg of iron..

