This immunology course has challenged me to think deeper than I have before. It has made me understand the connections between different processes in the body more than the previous surface level understanding that I had. It has further expanded my knowledge past what my past biology courses taught me, even cell biology. It has taught me a better way to study than what I was doing previously. And finally, it has taught me how to give myself grace. I became more patient with myself while trying to understand this course while balancing other courses and life.