



The listening portion of this assignment were two podcasts done by Doc Molly. They were interviews of Letty, someone who suffered through both Chikungya and Zika.

Chikungya is a mosquito -borne virus that along with the symptoms described below can cause a rash. First, Letty describes her experience with Chikungya. First she describes her symptoms as a fever, chills, and pain throughout her body. She described these symptoms as “sintomas normales” or normal symptoms. After describing her symptoms she describes taking acetaminophen and a home remedy of baking soda, honey and lemon. Letty also adds that she was in bed for 3 days taking only those two medications without visiting a doctor.

Words I learned in the Chikungya portion of the listening included the word for rash (sarpullido).

Zika like Chikungya is a virus transmitted by mosquitoes in Latin America. Zika can cause eye pain and common viral symptoms such as fever, chills, body aches, and headache. Letty discloses that she went to the doctor's where the doctor told her she had Conjunctivitis and Zika. When comparing the two infections, Letty states that Chikungya was more joint pain while Zika was more mouth-related pain. Letty added that the symptoms of Zika were very obvious, which is how she realized it was a virus.