

SPAN 266 SPRING 2020
FINAL BILINGUAL TRANSFORMATION PAPER



English: For the Spanish 266 class, I was able to attend an Eastern Virginia Medical School (EVMS) Health Fair in Onley, Virginia as well as attend two talk abroad sessions. Our instructions from our instructor were to just do whatever the EVMS staff and students needed us to do during this fair. As a class, we drove up together in an Old Dominion University van to Onley, Virginia on the eastern shore. Talkabroad is a program where you can video chat with people from different countries. During the beginning of SPAN266, I chose Mexico and Costa Rica with my partners. For this portion we each had to complete a video chat per country. During the first talk abroad, we were instructed to talk about health care systems in the country our video chat partner was in. For the second conversation, we were instructed to talk about different types of home remedies and common illnesses that were prevalent in our video chat partner's country.

During the EVMS Health Fair, Czaria (another SPAN266 student) and I were instructed to lead outside games with the children. This started as multiple little games. Czaria and I would play ball with some of the children while others played soccer. Eventually, Czaria and I were able to merge the games into one big soccer match that lasted the entirety of the match. For the first part of the Talkabroad experience, I chose the country of Mexico and my partner was Gina. Gina was involved in the healthcare field as a nurse. During this conversation we talked about how Mexico had a public and private healthcare system. Over the course of the conversation, I learned that the Private sector was often slower and that Gina thought the public was better. The

private was for people that could afford it. The second conversation was with Yarimar from Costa Rica. She stated that like Mexico, Costa Rica has both a public and private health care system. Common illnesses in Costa Rica include the flu, heart disease and cancer. Common remedies are much like those in America. Some examples include soup and tea with honey to treat the flu.

Before the service learning portion of the class I feel like I was less informed. This service learning experience has given me the opportunity to learn about cultures, and about myself. I found that I have a profound love of service to my community. This class has also allowed me to explore my love of medicine more deeply. This was accomplished by volunteering in medical fairs as well as learning about different home remedies and medical systems of different countries. Going into medical school next year, I feel more prepared to give the best quality care to patients coming from all backgrounds.

Spanish:

Pude asistir a una Feria de Salud de la Escuela de Medicina del Este de Virginia (EVMS) en Onley, Virginia, así como asistir a dos sesiones de charla en el extranjero. Czaria y yo fuimos instruido para dirigir juegos externos con los niños. Esta comenzó como múltiples pequeños juegos. Durante la primera charla en el extranjero, se nos indicó que habláramos sobre los sistemas de atención médica en el país en el que estaba nuestro compañero de video chat. Para la segunda conversación, se nos indicó que hablamos sobre los diferentes tipos de remedios caseros y enfermedades. Esta experiencia de aprendizaje de servicio me ha dado la oportunidad de aprender sobre culturas y sobre mí mismo. Descubrí que tengo un profundo amor por el servicio a mi comunidad. Esta clase también me ha permitido explorar mi amor por la medicina más profundamente.