

1. Start with description
2. Narrate steps in order
 - a. Explain importance of step
 - b. Use expressions like:

Primero, / En primer lugar,/Segundo,/Luego, / A continuación, / Enseguida, / Después,/Finalmente, / Por último,

3. Conclude with recommendations or explanation of the values that are associated with this practice

<https://www.reachtheworld.org/natalies-journey-colombia/traditions/paseo-de-olla-good-food-music-and-plenty-family?page=2>

1.

A tradition from Spain that I learned más temprano during my first year studying in the Spanish class is the tradition of Paseo, which also **tranduce** (translates) in english como “leisurely walk”.

2.

En primer lugar (firstly), the paseo it is usually ocurre during **la tarde** (the evening) or during **la cena** (dinner).

3.

A continuación, para el paseo, **a veces** (sometimes) las personas se pone the clothing mejor

4.

Próximo, people usually spend time with friends and family and **Caminando** en **la calle** talking o pass time **mientras** (while) to have **las bebidas** or eating food.

5.

Me gusta esta tradición, porque, **me ha ayudado** mucho con **la ansiedad** and **me recuerdo** a participar en Sociedad con otras personas y pasar el tiempo con mis amigos y mi familia.

6.

Also, another tradition, I learned about **recientemente**, that is similar, is the paseo de olla.

7.

This tradition it begins in the morning, and families usually bring a **la sopa** (soup) of tradition Called “sancocho.” This tradition usually starts in the morning and the location Is usually in **la naturaleza**. Also, familia **tocan música** and **se relajan**.

Durante esta tradition of paseo de olla, las personas Podrían ir a un paseo

During this time, people spend time to **participa** in the tradition of the paseo.

Colombia, families take part in a similar tradition called the *paseo de olla*

tranquil natural spot for their *paseo* where they can relax away from the chaos of city life.

Families take part in many outdoor activities during *paseos de olla*, including fishing, swimming, hiking and riding horses

In English: Describe another practice in the Hispanic culture that helps you understand it?

Another practice that always stood out to me was the practice of the “Paseo.” I love the idea of going out on a leisurely walk and enjoying oneself and with family, friends, and strangers. Ever since I have heard about this practice in hispanic culture, I’ve been so encouraged to go out more and relax throughout my day. I definitely feel it is important to dedicate time to relax throughout the day in order to provide balance and go out and enjoy yourself and socialize with others and your loved ones.