

How to tie a tie

Warm-up/Ice breaker:

Start with everyone getting a tie and trying to tie it. Explain that there is a quicker and easier way to tie the tie.

Intro:

Think about how many times you have had to wear a tie, or help someone else tie one themselves. I guarantee that at some point in your life, if it hasn't already come yet, you will have to tie a necktie for yourself or someone else. Even if you already know how to tie a tie, there are plenty of different ways to do it, and I will show you the quickest way to tie one.

Steps:

1. Drape your tie over your neck (standing up)
 - a. Point out that there are two different ends
2. Move tie so small end is lined up with belly button
3. Lay the fat side over the skinny side
4. Pull fat side around the back of the skinny side (show multiple times and from different angles)
5. Make the "tie loop" with the fat side going over the skinny side again (explain that this will be the part of the knot that shows)
6. put the fat side through the back of the neck loop and tuck through the "tie loop"
7. Adjust by either pulling the knot up or by pulling the fat side down

Student assessment:

Walk around and make sure no one is getting stuck on any one part. Especially check in when they are on steps 4-6 because those tend to cause the most difficulty.

Conclusion:

I hope you all are now able to tie a tie with confidence, so you are able to look presentable and professional in the future.