

Warm up: What is rhythm? Can you demonstrate any rhythms?

Introduction: Define rhythm: an ordered **recurrent** alternation of strong and weak elements in the flow of sound and silence in speech

Lesson: - start explaining weak beats and strong beats (use 4/4 time for this lesson)

- Go over quarter and eighth notes (and their corresponding rests) and have students clap out rhythms on the screen
- Introduce half notes once they can demonstrate quarter and eighth note rhythms
- Have them clap rhythms with half notes in them
- Talk about dotted rhythms
- Have a review session about all of the values of the notes and rests

Assessment: Have examples of these rhythms combined in some form and have them count and clap the rhythms along with me

Conclusion: I hope this information will help you figure out rhythms when you look at a piece of music for the first time.