

Cybersecurity and the Social Sciences (CYSE 201S)

School of Cybersecurity

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**Week 9 Journal Entry** - Watch this Video:



[Social media and cybersecurity](#)[Links to an external site.](#)

Complete the [Social Media Disorder scale](#)[Links to an external site.](#). How did you score? What do you think about the items in the scale? Why do you think that different patterns are found across the world?

Note: Submit the file [in Word, text or pdf format] or Upload your journal entry into your ePortfolio and submit the link in the assignment.

I got 3 out of 9 on the social Media Disorder scale. The questions in the document were fascinating in how deep they went and how much I needed to think about how social media affects me personally. Even though I scored low, the questions I answered made me anxious because I didn't realize how much social media affects me. There may be different patterns around the world due to different cultures that utilize their social media habits. I have noticed that in some countries, they tend to post more and are always keeping up to date with where they are and what they are doing.