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Unveiling the Dark Side of Cyberbullying and Its Impact on Mental Health

The article “Cyberbullying and Cyberbullicide Ideation Among Jordanian College Students” published in the International Journal of Cyber Criminology examines the connection between cyberbullying and mental health, a topic fundamentally rooted in social sciences, specifically sociology and psychology. The research's primary focus the subject examines the rate and effects of cyberbullying on thoughts about suicide within college students. The authors propose that a strong association is found between instances of cyberbullying and higher levels of suicidal ideation among students.

The researchers employed a quantitative method to gather data through surveys given to a group of 500 students. The survey contained questions with the goal of analyzing the number and intensity of cyberbullying occurrences and their psychological effects. The information collected was evaluated employing statistical techniques to analyze the results. The investigation showed a substantial association between instances of cyberbullying and higher levels of thoughts of suicide, emphasizing the serious psychological effects of online harassment. The results of this study align with concepts provided in prior PowerPoint presentations regarding the psychological impacts of social media and the significance of awareness about mental health in online environments. The study shows the significance of social science ideas in comprehending and reducing the effects of cyberbullying.

The article discusses the difficulties encountered by marginalized populations, especially with cultural stigmas associated with mental health. The research emphasizes the importance for culturally appropriate assistance and encouragement methods to assist victims of cyberbullying.

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The research offers concrete evidence regarding the harmful impacts of cyberbullying, argues for governmental reforms, and promotes mental health support for those affected. This links with the social science objectives of recognizing and eliminating the effects of social concerns on human welfare and society health.

In conclusion, the research titled “Cyberbullying and Cyberbullicide Ideation Among Jordanian College Students” provides significant insights into the psychological effects of cyberbullying. The research emphasizes the relationship between cyberbullying and suicidal ideation, stressing the critical necessity for extensive mental health care and intervention techniques. The results support essential changes to policies that prioritize students' mental health, highlighting the significance of establishing secure and friendly online settings. The report advocates for heightened awareness and education regarding the harmful consequences of cyberbullying, with the objective of creating a more sympathetic and informed society.

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