

Cat Beresnyak

### Midsemester Reflection

I am doing well in Chemistry, Sociology, English, History and chem lab. I am doing well in these classes because I do the homework and pass the tests. I brought up my grade in sociology by getting a 95 on the midterm, by completing the study guide and reviewing the PowerPoints before the exam. My first chem exam I got a 65 but my second one the other day I got an 80 because I was more prepared. I reviewed the class notes, did the practice exam, and watched YouTube videos to study. I need assistance most in Health 101 because I keep forgetting about these assignments and it is stressing me out. I am kind of considering dropping it because it is causing me more stress than help.

Coming to college I expected nothing less than what I have experienced. Freedom and independence is the number one thing I was expecting and I received. The work is a lot and becomes stressful and sometimes hard to focus on, but I did expect this. I am surprised by how much free time I have and I need to work on spending this time as wisely as possible. I live on campus and the toughest challenge with moving away into a dorm is the little privacy I receive. There are friends in my room a lot and I am rarely alone. It keeps me busy though.

For my intended major I have learned that I do not have to have perfect grades like nursing students, but it will definitely help to make me stand out and more competitive. Although I am worried I will hate my job if I continue with this major because it leads to a desk job, a lot of behind the scenes work. I am adventurous and active, I don't like to sit at a desk all day. Our guest speaker just mentioned occupational therapy is a fun job, so now I am interested in learning about this field.

Today, I was logged out of my duo mobile account because I got a new phone after dropping a weight on mine at the gym last week. I went to IT desk in Monarch Hall and they were very quick and helpful. I have also utilized the library, reached out to my professors, and studied with friends. I also joined a sorority, I am a new member of Alpha Phi. I decided to get involved because of their Philanthropy and to be able to put it on my resume in the future. I also feel at home with them and it is good to be a part of something student run.