

Parallel Planning

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If I am not admitted to my health services administration major, I will change my major to exercise science. An interesting aspect of the exercise science major is that the research studied can be related directly to the human anatomy and movements of the body. I am very into health and fitness and would love this field of study. I can become a physical therapist assistant, and after saving up enough money I could choose to go back to school for my DPT to become a physical therapist. The advisor for the exercise science major is Laura C. Hill.

I chose this as my parallel plan because I love exercising and would be very interested in this major. I can become a physical therapist with the health administration degree as well, but it is my first choice because it has more opportunities without extra schooling. I need classes in oral communication, information literacy and research, the nature of science, impact of technology, physiology, intro to exercise science, and more. To gain professional experience I can shadow a physical therapist, or athletic trainer.