

## Study Habits

- What classes are you doing well in, and why?

I am doing well in Sociology. Personally most of the information is easy to understand and if there is a concept I get confused about I can easily find the answer.

- What classes did you identify as needing assistance in?

I find that I need to work on my Microbiology more. My class is online so it is a lot harder to understand all of the information because I'm essentially learning it by myself.

- What changes have you made (i.e. amount of time, location, campus resources, study strategies, etc...)?

I have put more time and effort into my Microbiology class and I don't limit myself to doing work for that class only on campus or off. I continuously work on assignments and readings so I can have an easier time grasping the concepts I am learning.

## Transition to College

- What expectations did you have coming to college?

I wanted to join clubs and finish my work on campus so that when I get home I wouldn't have to stress about juggling homework and all of my other activities.

- Have those expectations come to fruition, or not?

They have not come to fruition.

- How?

Before college started I thought that I would be able to balance commuting to and from campus. When the semester started, I began overloading my schedule and getting stressed over the smallest things. The decision to solely focus on my classes on campus, and not other activities happening around me, helped me tremendously this semester.

- In what way is your college experience different from what you expected?

Time moves a lot faster than in previous years of schooling. Assignments that have due dates that seem to be super far down the line, come up relatively quickly.

- What has surprised you about your experiences so far this semester?  
College is a lot easier in some ways and a lot harder in others. Being able to pick and choose my classes allows me to be happier with my schedules. However, I have to stay on top of all of my assignments, as it is really easy to get behind on everything.

- *If you live on campus:* What has been your toughest challenge with moving away to college? Easiest challenge to overcome?

- OR *If you commute to class:* What is the toughest challenge with commuting to campus? Easiest challenge to overcome?

The toughest challenge about being a commuter student is not being able to participate in ODU activities since those times I don't have classes, I have work or something else going on back where I do live. The easiest challenge is having similar resources off campus that I would have on campus, like the library.

## **Major**

- Name something you have learned about your intended major that you did not know at the beginning of the semester.

I learned that the field of nursing is far more vast than I had initially anticipated. There are many different paths and areas of expertise that I could go into once I become a Nurse.

- Have your feelings changed about your intended major? List some thoughts you are having.

I feel that being a nurse is the career path I want to take. Before, it was mainly a “looking up to someone” type of career for me. Now it has evolved into wanting to be someone who cares for other people in times when they could be feeling their lowest.

- Is there another subject (major or minor) that you are interested in learning more about?

I would like to learn more about biomedical engineering. Even though I would enjoy a career in nursing, I would like to explore my options and know more about passions that interest me.

### **Connecting to Campus**

- Name one problem or challenge you have encountered this semester, and which resource(s) at ODU you have/can utilize to assist with this situation.

I am running into trouble with my English paper and am planning on visiting the writing center to help me get a better understanding of how I should be writing it.

- Is there a friend, roommate, professor, advisor, or group in the ODU community who has helped you so far this semester? If so, how did they help you?

I have had a friend who has helped me tremendously throughout the semester. Whenever I would get stressed I could talk to them and they would help me organize what I have to do which would help me feel calmer about everything that’s happening around me.

- Have you attended an interest meeting for a club? Why did you decide to get involved or not get involved?

I attended an interesting meeting for a club at the beginning of the semester. Being a commuter and a part-time worker, it is difficult to find the time available for clubs. Unfortunately for me, this semester I was unable to join any clubs, but I am hoping next semester or next fall I will be able to.