

Trinity Watson

3/25/25

Week 10 - Journal Entry 9

How did you score? I ended up scoring a four on the scale which indicates risky usage of social media.

What do you think about the items in the scale? I think the items on the scale fit the scoring well. It also takes a Look at how social media use interferes with work, relationships, or other daily activities, signaling an effect on a person's overall well-being.

Why do you think that different patterns are found across the world? Different patterns are found across the world because some countries don't use social media because they have restricted usage. Freedom of expression is within social media so that means that some countries have laws set in place to not post or even have social media. Political environments can also shape the media.