

Reflected Best Self

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Commonality/Theme	Examples Given	My Interpretation
Communication & Collaboration	<ul style="list-style-type: none"> - I clearly explain tasks and goals to others to make sure everyone is on the same page. - I listen actively to understand concerns and perspectives. - I encourage input from everyone and help the team work together effectively. 	I am a leader who values clarity and teamwork. My ability to communicate and collaborate builds trust and keeps projects moving smoothly.
Ethical Decision-Making	<ul style="list-style-type: none"> - I make fair decisions that consider the impact on others. - I follow through on promises and commitments consistently. - I stand by my values even when faced with pressure or challenges. 	I lead with integrity and fairness. People see me as principled, accountable, and dependable in both decisions and actions.

Compassion and Support	<ul style="list-style-type: none"> - I support colleagues when they face challenges or high workloads. - I offer guidance and mentorship when someone asks for help. - I show empathy and understanding in interactions without expecting recognition. 	I lead through care and empathy. My compassion strengthens relationships and fosters a positive, supportive environment for others.
Faith & Perspective	<ul style="list-style-type: none"> - I approach challenges with patience and thoughtfulness. - I stay grounded and rely on my faith to guide difficult decisions. - I maintain perspective, balancing long-term goals with immediate needs. 	My faith and personal perspective guide my leadership style. I remain thoughtful, purposeful, and consistent, which helps me make ethical and grounded decisions.

My Reflected Best Self Portrait:

I am at my best when:

-I lead with care and empathy. As a mom, I take pride in raising a happy, kind, and loving child. I see leadership as shaping the lives of those I influence, whether at home, at work, or in my community.

-I listen and give thoughtful guidance. When someone comes to me, I don't just offer advice; I put myself in their shoes, try to understand their perspective, and consider the opposing view before responding. This approach helps others feel heard and supported.

-I stay intentional under pressure. I think through my responses, plan next steps, and make choices that balance effectiveness with compassion. Challenges don't overwhelm me because I focus on what I can control and take purposeful action.

-I act with faith and integrity. My values guide my decisions, helping me make choices that are right, just, and consistent. I aim to build trusting, positive relationships through my actions rather than words alone.

As I look back on my feedback:

The feedback I received aligns closely with how I see myself, though it also highlighted strengths I sometimes take for granted. I want to be a leader who inspires trust, supports others, and creates a positive environment. Some of my qualities, like thoughtfulness and empathy, I sometimes view as quiet strengths, but others recognize them as core to my leadership. My Locus of Control score was 13, which the test associates with an external focus, often linked to luck. I interpret this as recognizing that some factors are outside of my control while focusing on what I can influence. This perspective reinforces how I lead, reflect on my actions, and stay intentional in guiding others effectively. This exercise has helped me see how my actions impact others and reinforced the traits I want to continue developing.

Mission Statement:

Lead with Faith, Build with Care

I strive to live and lead by my faith, letting it guide my decisions and interactions. I aim to foster positive relationships built on trust, understanding, and respect. By focusing on faith and the people around me, I hope to create environments at home, at work, and in my community where kindness, growth, and integrity thrive.

I aim to live my life by:

“Do what is right, not what is easy.” I let integrity guide every choice I make.

“Serve others with empathy.” Leadership is about helping others succeed and feel supported.

“Stay grounded and trust guidance beyond myself.” I rely on my values and perspective to stay centered, even in challenges.

“Listen, reflect, act thoughtfully.” Understanding multiple perspectives helps me make wise decisions.

“Recognize and uplift others.” People thrive when their efforts are seen and valued.

“Adapt and persevere.” Challenges are opportunities to learn, grow, and strengthen relationships.

“Lead by example.” I strive to model the values and behaviors I want to see in others.

“Value relationships over recognition.” True leadership is measured by the trust and connection built with those around me.

“Practice gratitude daily.” Appreciating others and circumstances strengthens morale and perspective.