

MA

Maria Cyguel Abastillas

Professional Summary

Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

Professional Experience

Sentara Norfolk General Hospital - Telemetry Monitor Technician

Norfolk, VA

10/2022 - Current

- Monitored and documented heart rhythms according to physicians' orders.
- Followed all protocols to respond to irregular cardiac activity.
- Assisted with improvement and implementation of cardiac log forms.
- Registered patients by confirming identification, reviewing consultation requests and entering anticipated services to patient log.

Foodlion - Cashier

Virginia Beach, VA

09/2018 - 04/2020

- Answered questions about store policies and addressed customer concerns.
- Worked closely with shift manager to solve problems and handle customer concerns.
- Mentored new team members on sales software system operation.

SUBWAY® Restaurants - Management Assistant

Virginia Beach, VA

08/2015 - 09/2018

- Oversaw training and onboarding process for all newly hired employees.
- Offered technical support and troubleshoot issues to enhance office productivity.
- Increased customer service success rates by quickly resolving issues.

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📍 Virginia Beach, Virginia 23464

Skills

- Native or Bilingual Proficiency
- Operations management
- Decision-Making
- Attention to Detail
- Teamwork and Collaboration
- Training and Development
- Flexible and Adaptable
- Proficient in Microsoft software products

Education

12/2023

Old Dominion University

Norfolk, VA

Bachelor of Science: Cybersecurity

12/2019

Sentara College of Health Sciences

Chesapeake, VA

Certificate: Monitor Surveillance

12/2018

Tidewater Community College

Virginia Beach, VA

Associate of Science: Social Science