# The MASS of HIV/AIDS

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### HIV/AIDS

HIV is a virus that attacks the body and has no cure.

Most of the time, HIV is transmitted through anal or vaginal sex, or sharing needles, syringes, or other drug injection equipment (CDC, 2020)

HIV can be controlled through medications/treatment, but if untreated it can lead to AIDS.

The only way to know if you have HIV is through testing

### Basic Statistics / Quick Facts

Over 1.1 million people in the U.S. had HIV at the end of 2019 (CDC, 2022)

Most of the new HIV diagnoses come from men having sex with men and Black/African Americans.

In 2020, 23,727 total people in Virginia have been diagnosed with HIV/AIDS. (CDC, 2022)

• Minority AIDS Support Services Inc. (MASS) is a non-profit AIDS service organization that is created to transform communities by eliminating new infections and improving the health and well-being of people living with HIV/AIDS.



- Serves the Hampton Roads area by providing health care support to minority populations and those who are disadvantaged.
- Provides education classes, group interventions, HIV testing/counseling/referrals, and case management

# Programs of MASS

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- HIV education for individuals at risk or at high-risk
- Increase testing for individuals at risk or at high-risk
- Providing case-management for eligible incarcerated individuals and returning citizens
- Decrease HIV transmission
- Decrease homelessness among returning individuals

### RYAN WHITE PART A

- □ □ Health Insurance Premium & Cost Sharing Assistance (HIPCSA)
- □ □ Medical Case Management
- □ □ Early Intervention Services
- □ □ Food Bank/Home Delivered Meals
- ☐ ☐ Housing Services
- □ □ Medical Transportation Services
- Case Management (Non-medical)

# Insights Gained from the Community

### You must be a person

Communication/listening to a person's lifestyle and living situation



Everybody answers to somebody. Just because you are independent, there are regulations to abide by regardless.



Every situation is unique

# Informing Public and Global Health

I have been able to be outside of the office with clients and with them in office when they come in This allows us to understand the lives of those who have HIV/AIDS and the struggles that come with it so that we can improve living conditions and reduce/prevent transmission to others.

I have seen how those in assisted living and have HIV/AIDS are still struggling to maintain daily living. I have seen how disadvantaged people being released from jails who have HIV/AIDS are with their medications, ability to get jobs, and maintain overall life.



# Working with a team

- People I have no experience with
- People in the community
- Partners of the corporation

# How to play my position

- Sometimes I would be required to take leading action
- Sometimes it was in a subordinate role
- Other times I was to listen and learn.

### Relating to People

# Minority Populations

- Stigma
- Discrimination
- At greater risk

# Everything isn't just brainstormed ideas.

- It must be logical.
- It must literally fit into what the organization's goals and funds allow.

## Benefits Over Traditional Classroom Learning



- I think using service learning in relation to classroom learning is beneficial because it better prepares us for real life.
  - We see all the obstacles and learn how to deal with problems through people who have already experienced it.
  - We learn to adapt to new environments and challenges that may occur when we are in the line of work. This is real application of what we learned.

# Development of Community -Based Research

#### **HIV/AIDS** medications

•One way to implement them is to look at the medications that each client uses and pair it with their lab results to see how low they keep their viral load down

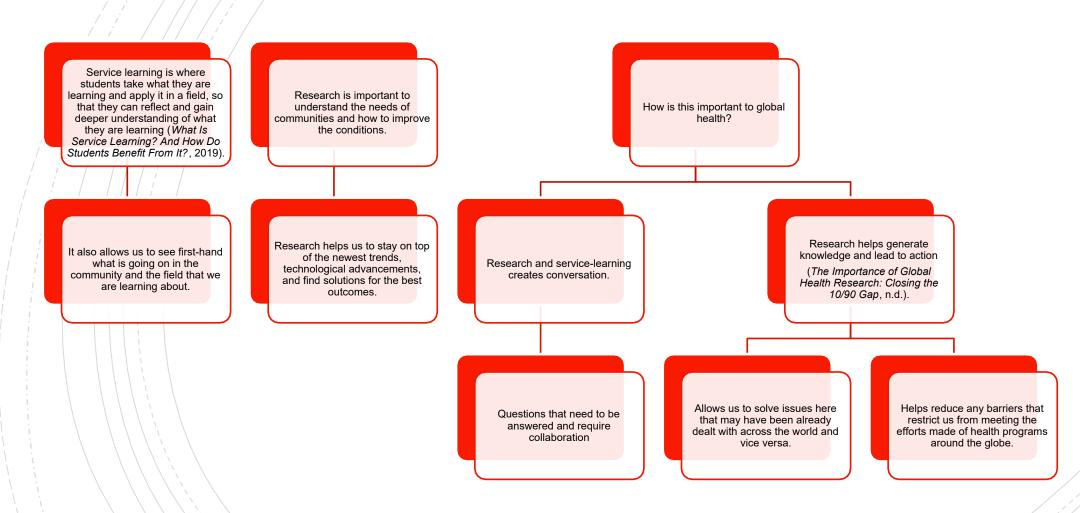
### Trends of people diagnosed with HIV/AIDS

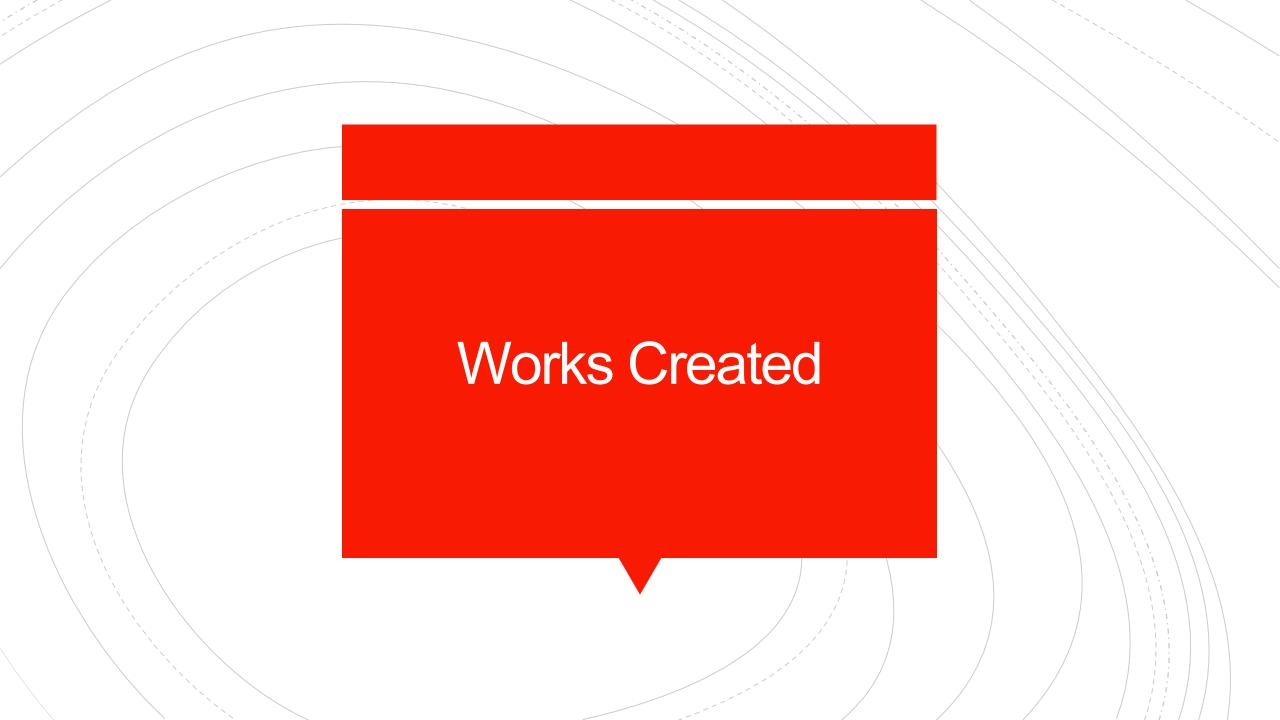
•Another way is to look at the yearly number of people living with HIV/AIDS. If we compare the number of people in Norfolk to the other cities in Hampton Roads, the state of Virginia, and the rest of the United States, we can see how we fair on a national scale. This will allow us to see how large of a concern it is in our community

#### Effects HIV/AIDS on the prison population or those recently incarcerated

•Lastly, the number of inmates diagnosed with HIV/AIDS and performing interviews or talking to their case managers to see how well they were accommodated for re-entry into society, how they were treated in jail (testing, medications, etc.), are they allowing testing and education programs in the jails.

## Reflection and Impact on Global Health





## Clinic Feedback

This was created to ensure that those who came in to be tested were treated with care and received all the information they needed.

Date:

#### MASS Clinic Feedback

Ve will meet you where you are!

Please score the following statements and questions on a scale of 1-5, where 1 = "Not at all" and 5 = "Very" based on your experience at MASS.

Delivery	Not at all				- Very
Overall, how satisfied are you with your experience with MASS?	1	2	3	4	5
<ol><li>I am satisfied with the overall system (Reception to testing).</li></ol>	1	2	3	4	5
<ol> <li>I felt comfortable while being at MASS and receiving services.</li> </ol>	1	2	3	4	5
Communications					
How well did you understand the information we discusse (Testing, Sex practices, Results)?	1	2	3	4	5
5. How satisfied are you with the clarity of information or advice provided?	1	2	3	4	5
<ol><li>The information provided to me was new and/or useful for me in the future.</li></ol>	1	2	3	4	5
Quality of Staff					
<ol> <li>How satisfied are you with the relevant knowledge of the staff you dealt directly with?</li> </ol>	1	2	3	4	5
8. The staff was courteous and understanding.	1	2	3	4	5
The staff was helpful to me in my time at MASS.	1	2	3	4	5
The staff was interested in me     as an individual when they interacted with me?	1	2	3	4	5
Quality of Work					
11. How satisfied are you with the services received?	1	2	3	4	5
12. How likely are you to recommend our services to a friend or colleague?	1	2	3	4	5
13. How likely are you to use our services again?	1	2	3	4	5
Recommendations					
14. Please use the space below for any further comments to we can improve our services.	o your res	ponses	or any	suggest	ions on hov

# Clinic Audience

This was created to determine where people found MASS.

Date:			

### MASS Client Survey

Please answer the following questions.

1.	Age	(Please	circle	one)	)
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18-24 25-34 35-44 45-54 55-64 65+

- 2. What is your racial or ethnicity identification?
  - White or Caucasian
  - · Black or African American
  - Hispanic or Latino
  - · Asian or Asian American
  - American Indian or Alaska Native
  - Native Hawaiian or other Pacific Islander
  - Another race
- 3. Gender Identity:
- 4. What is your reason for coming in today?
- 5. Where did you hear about MASS?
  - Online Source Google, another platform?
  - · Social Media What platform?
  - Doctors Office
  - Peers
  - · Health Department
- 6. Would you refer MASS to a friend? Yes or No

### References

- Hampton Roads HIV Prevention Services | Minority AIDS Support Services, Inc. (n.d.). Minority Aids Support Services. Retrieved November 29, 2022, from https://minorityaidssupport.org/meet-mass/
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- What Is Service Learning? And How Do Students Benefit From It? (2019, November 25). Elmhurst University. Retrieved November 29, 2022, from https://www.elmhurst.edu/blog/what-is-service-learning/