

**Diane Gilzow**

**CYSE 368**

**Spring 2026**

**Professor Teresa Duvall**

**TA Jade Hines and Carla Belfiore**

**Norfolk Botanical Garden**

**Reflection #2**

### **Reflection Paper 2**

Throughout my time at the Cyber Clinic, I was able to have the opportunity to meet and learn from a variety of guest speakers who shared valuable insights and experiences. Each guest had unique perspectives on cybersecurity, or just being a professional in general, which I found to be really informative and valuable to learn.

My most interesting experience so far was when I went out on the streets to perform security assessments for local companies. Personally, it was challenging for me since I'm not really used to approaching businesses and offering them a service. However, the experience helped me step out of my comfort zone and helped develop my communication and professional skills. I believe it was good practice before we met our actual companies, so we know what to expect when we meet them.

I also had the opportunity to work with my group and meet my company for the first time. During the meeting, we were able to introduce ourselves and gain an understanding of their current cybersecurity posture. The meeting went well, and our representative from the company was very open and cooperative about answering our questions. We didn't have the chance to ask all of our questions for the first meeting, but we were able to get an idea of where they stand in terms of cybersecurity. We were also given the opportunity to visit them in person to further discuss their systems and what they need from us, which I'm looking forward to.

In conclusion, my experience so far consisted of learning from professionals and applying what I've learned into real-world situations. I was able to put the preparation we had done this semester into practice during our meeting with the company, and I believe the preparation we had done has helped me feel ready for our meeting.