CURRICULUM VITAE

NAME: Jessica Gutierrez-Arnold, BSDH, RDH, COSE

CURRENT DATE: February 2024

CAMPUS ADDRESS: Virginia Western Community College

Department of Dental Hygiene

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Office Phone: (540) 397-0858

EDUCATION:

2023 Certificate of Oral Systemic Education

National Network of Healthcare Hygienists

2022 Bachelor of Science, Dental Hygiene

Minor in Training & Development

Old Dominion University

Norfolk, Virginia Summa cum laude

2011 Associate of Applied Science, Dental Hygiene

Virginia Western Community College

Roanoke, Virginia

Cum laude

EXPERIENCE:

Academic Experience:

2020-Present Adjunct Clinical Faculty

Virginia Western Community College, Dental Hygiene Program

2021 Course Instructor

Virginia Western Community College, School of Career &

Corporate Training

2020 Adjunct Didactic Faculty

Virginia Western Community College, Dental Hygiene Program

Clinical Practice:

2011-2019, 2022-Present Registered Dental Hygienist (full-time)

Carilion Dental Care

Roanoke, VA

2021-2023 Registered Dental Hygienist (fill-in)

Multiple private practice offices Roanoke, Vinton, and Salem, VA

2019-2021 Registered Dental Hygienist (full-time)

New Horizons Healthcare

Roanoke, VA

TEACHING:

Courses taught at Virginia Western Community College: Spring 2024

DNH 245 Dental Hygiene V-Clinic

Fall 2023

DNH 244 Dental Hygiene IV-Clinic

Summer 2022

DNH 235 Management of Dental Pain and Anxiety in the Dental Office-Pain Management Lab DNH 243 Dental Hygiene III-Clinic

Spring 2022

DNH 245 Dental Hygiene V-Clinic DNH 242 Dental Hygiene II-Clinic

Fall 2021

DNH 244 Dental Hygiene IV-Clinic

Summer 2021

DENT 6350001 Dental Radiation Safety Certification for Dental Assistants
DNH 235 Management of Dental Pain and Anxiety in the Dental Office-Pain Management Lab
DNH 243 Dental Hygiene III-Clinic

Spring 2021

DENT 6350001 Dental Radiation Safety Certification for Dental Assistants DNH 245 Dental Hygiene V-Clinic

Fall 2020

DNH 115 Head & Neck Anatomy DNH 244 Dental Hygiene IV-Clinic

CREATIVE WORKS:

2024

Carilion Dental Care

Dental assistant training guide and evaluation packet

2023

Carilion Clinic

In collaboration with Marci McClellan, Virginia Western Community College Dental Hygiene Program, and Dr. Greta Whiteside, DMD, creation of document "Alternative Dental Resources" in the Roanoke, VA area. This document was disseminated to patients within the dental clinic, to local physician clinics, the Virginia Western Community College Dental Hygiene Clinic, the Virginia Tech Carilion School of Medicine, and to local free clinics. The information contained includes a list of area dental providers, with a focus on clinics that provide free, reduced, or Medicaid-covered services, along with explanations of the services offered, hours of operation, specialty focus (as applies), and financial consideration information. This is a multiple-page document that has seen wide acceptance and appreciation by patients and providers.

CONSULTING ACTIVITIES:

2023-Present

Carilion Clinic, Department of Pediatrics

Trainer of resident pediatricians in the Oral Systemic Link

Trainer in applications of fluoride varnish and silver diamine fluoride in the pediatrician office Trainer of sealant applications and silver diamine fluoride to dental assistants in hospital dentistry

2022-Present

Carilion Dental Care

Trainer of newly-hired dental assistants (with and without previous dental assisting schooling and/or experience) in hospital dentistry

2020-2021

New Horizons Healthcare

Team Leader on sealant collaborative with the National Network for Oral Health Access to improve sealant application rates and decrease caries care outcomes

2013-Present

Virginia Tech Carilion School of Medicine

Trainer of medical students in fluoride varnish applications and head and neck cancer examinations

HONORS, AWARDS, PRIZES, and RECOGNITION:

2023

Excellence in Dental Hygiene Award, awarded by the Old Dominion University School of Dental Hygiene in recognition of "excellence in academic achievement, volunteerism and advancement to the field of dental hygiene."

2012

Patient Care Award, awarded by the American Dental Hygienist's Association, in recognition of providing excellent service to patients and their families.

2011

Golden Scaler Award, awarded by Hu Friedy and the Virginia Western Community College Dental Hygiene Program in recognition of "demonstrated remarkable skill and talent over the course of" dental hygiene students.

2007

National Leadership Award, awarded by the Military Order of the Purple Heart, for "exemplary leadership."

MEMBERSHIP IN PROFESSIONAL SOCIETIES:

2023-Present Alliance for a Cavity-Free Future, member

2023-Present National Network of Dental Hygienists, member

2020-Present American Dental Education Association, member

2022-Present Sigma Phi Alpha National Dental Hygiene Honor Society, member

2022-Present Tau Sigma National Honor Society, member

2009-Present Phi Theta Kappa International Honor Society, member

UNIVERSITY SERVICE:

2018-Present VWCC Dental Hygiene Program Advisory Board, member

2011-Present VWCC/Carilion Dental Care Dental Hygiene Student Clinical

Rotation Coordinator

COMMUNITY ENGAGEMENT:

2024 Dental Disease Prevention Day, Carilion Clinic, Roanoke, VA

Collaborator, planning team member, volunteer, coordinator for

volunteers

2023 Refugee Oral Exams, Roanoke, VA

Trainer of medical students, oversight for clinical oral exams,

volunteer

2021 Indigenous Community, Oaxaca, Mexico

Teacher/course developer English-as-a-Second-Language class

Oral Health volunteer/delivery of oral health care items and

instructions

2014-2019 Coopers Cove Baptist Church, Children and Youth Ministry

Director, Hardy, VA

2012-2019 Women's Mission Union, Children's Missions Camp, Salem, VA

Camp Director

2015-2018 General Education Student Needs, Franklin County, VA

Tutor/volunteer

2010-2015 Oral Health Education Visits, Roanoke Valley, VA Schools and

Boys and Girls Clubs Presenter/educator

2010-2012 Mission of Mercy Project, Roanoke, VA

Dental hygienist and translator volunteer

To the best of my ability, this CV is accurate.

Jessica Gutierrez-Arnold