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# MODIFIED PEN GRASP

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HOW TO GET A HOLD ON THINGS

# LEARNING OBJECTIVES

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- Student will be able to define the modified pen grasp
- Student will be able to identify improper and proper technique using the modified pen grasp
- Student will be able to apply the principles when using the modified pen grasp
- Students will understand the ergonomic advantage of using the modified pen grasp

# DEFINITION

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A three finger grasp used to hold an instrument using the tip of the thumb, index finger, and middle finger. The ring finger is used as a fulcrum (finger rest) for stabilization.

Also called the C-Grasp

# TEST YOUR UNDERSTANDING

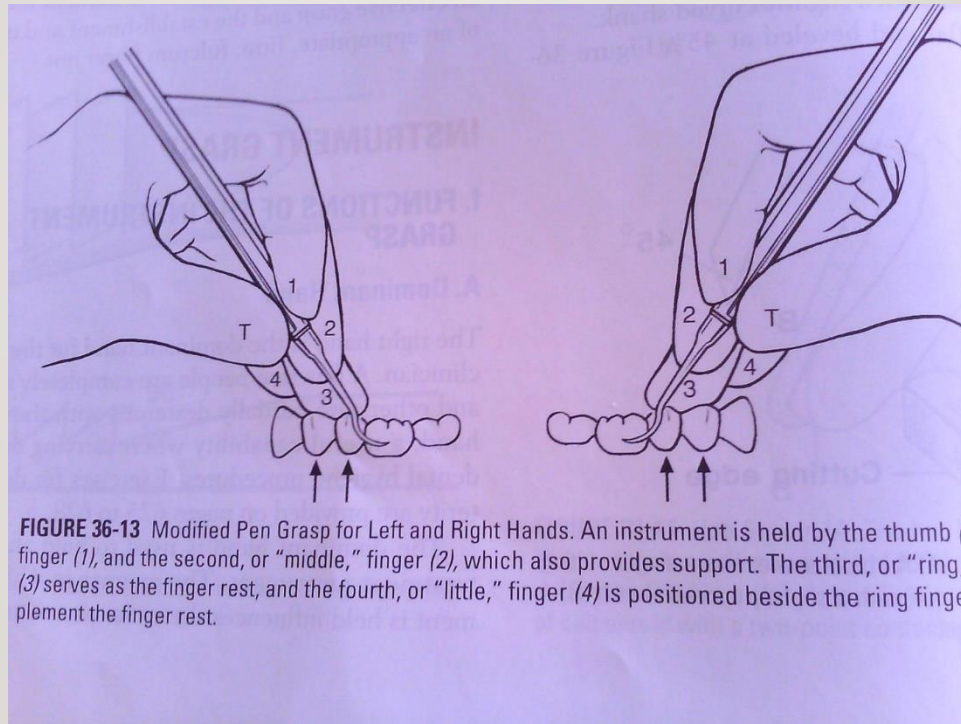
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Why do we fulcrum?



# PLACEMENT IDENTIFICATION

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# ADVANTAGES

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- To better control the instrument
- To reduce pain
- To increase tactile sensitivity

# HYGIENE EDGE

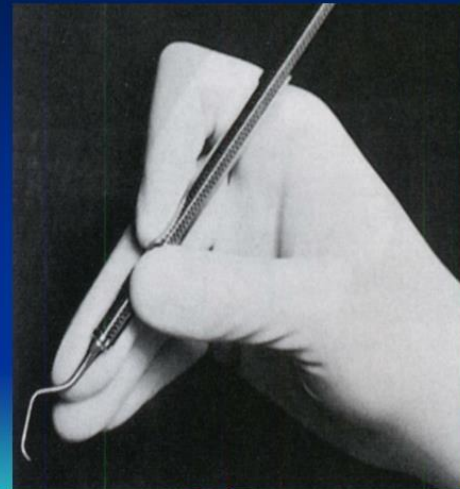
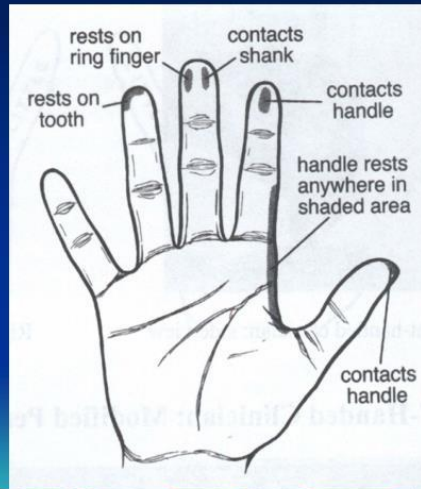


**MODIFIED PEN GRASP**



# FINGER FUNCTIONS

## Modified pen grasp



# COMMON ERRORS

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- You should not have your fingers overlapping
- Your instrument should not be on the pad of your middle finger
- Your ring finger should always have a resting point
- Thumb and index finger should not touch each other

# REMEMBER

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Incorrect use of the modified pen grasp can  
lead to poor instrumentation and  
musculoskeletal problems in clinicians

# TEST YOUR UNDERSTANDING

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- What are advantages to using the modified pen grasp?
  - a. To better control the instrument
  - b. To reduce pain
  - c. To reduce tactile sensitivity
  - d. A and B are correct
  - e. All of the above

# REFERENCES

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# QUESTIONS

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