

Fifty Hours part 2

Easton Jarboe

Brooks Crossing lab has helped me grow in several ways in my 50-100 hours. After the last update there was a meeting that I attended with educational leaders and business professionals all around norfolk. They wanted to work on getting more maritime jobs shown to kids as potential careers. I liked engaging in this because we had activities where we could think outside of the box and try different methods of communication. This also allowed me to network and talk to people in positions of leadership and I liked honing my networking skills. I was able to gain a better understanding of the maritime industry and the different job opportunities available. I was also able to build relationships that will help me in the future. Overall, it was a great experience. After that I was able to learn more about the equipment and work with adults with special needs. That really hit home for me as I have a sister with down syndrome. I was able to use my communications skills and help the adults with special needs and it was nice forming personal connections with them. I was able to learn about using the laser cutter when helping the adults make phone stands. I overcame a challenge with the laser cutter getting the files to output the whole project instead of little parts. Overall I really learned a lot. I have started to gauge a main theme with the internship. I feel like I am able to see myself in more of a leadership role and doing all of this has helped me build the confidence to do it.