

## Reflective Cover Letter

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CPD 414: Design Thinking

My major is Interdisciplinary studies because I didn't know what took my interest. From the start of this class, I originally chose it because I was down to my last four classes needed and I know that I contribute creativity. That was exactly what this class was until I realized its not just about being creative with ideas but also with the spectrum of the audience and creating words into helpful objects. [Design thinking](#) displays several aspects from the start I took a nervous approach but also open minded to new ideas and containing information from others in order to success.

My learning demonstrated in this course came directly from the [interview process](#) that took place from my father-in-law. The fact that these questions never sparked to me to ask him prior to this class amazes me. I never accounted for how a disease like cancer or lymphoma changes who is experiencing these illnesses not just mentally but also physical contributions. When we feel sorry and assume what the patient is feeling, it becomes bias without asking crucial questions that can form a picture on what they truly need whether that is by their responses, etiquette, facial expressions, or even long pauses.

In this process there were four objectives that needed to be learned and displayed which were Empathy, Ideation, [Brainstorm](#), and [Prototype](#). Working with a group of people that all are taking this class from different walks of life and majors bring a better chance for creative

thinking. It was easy to agree with some thoughts that were obvious but not everything which was expected.

I had to apply my degree study of leadership to the test and other classes in order to be able to put my best foot forward on communicating in a helpful but at the same time avoiding my own judgmental ways.

I believe the skills that helped me was my leadership skill the most being able to bring everyone together when we started to stray in communication or getting work evenly distributed. We had organized individuals, but also had creative task orientated/paid attention to detail individuals. This is a great assortment because those that shared a similar trait were able to brainstorm from each other and interpret better understanding. This was the same when it came to the use of imagination, color, materials for the tote.

To be able to apply this concept to personal life and professional life is teamwork. If everyone is pulling different strings, we will not be able to complete anything successfully. It is when everyone contributes their strengths and acknowledge their weaknesses without fear is what makes a true team that builds repour. This is a skill that can be used for growth within a company and when working as a team whether that is in courses I take or group projects that many classes are now requiring.

I still am very happy with the major I chose even though I'm still unsure about the career I want. I enjoyed taking this class because it allowed me to get out of my own head and be able to rely on others to help expand my closed mind. With taking this course I now inspire to possibly work in groups that team build but also rely on other thoughts and feels because it helps build a person within like I have witnessed. I also got the experience to create something meaningful that can

help those which is a passion I have gained from creating this tote Idea and seeing the trials it takes to make useful to the acquired audience. The [quote](#) I chose spoke volumes to me and was added to the combined video we created.