

## Amanee Caldwell Reflected Best Self

Theme	Example	My Interpretation
Truth-Seeker	<ul style="list-style-type: none"> <li>➤ Taking time to understand what is fair for everyone</li> <li>➤ Providing realistic goals to accomplish</li> <li>➤ Analyzing evidence on all spectrums</li> </ul>	People see me as someone that chooses to do right by others, provide honesty, and narrate what is true and accurate.
Compassionate	<ul style="list-style-type: none"> <li>➤ Care about other feelings genuinely</li> <li>➤ Showing gratitude towards everyone</li> <li>➤ Taking time to learn the people around me</li> </ul>	People see me as outgoing, generous, and mindful of their feelings and situations
Confident	<ul style="list-style-type: none"> <li>➤ Acknowledge my faults and mistakes</li> <li>➤ Make decisions wisely and precise</li> <li>➤ Creates vision to build motivation through my words</li> </ul>	People see me as someone that can make decisions without second guessing and strong minded when needing to vocal and heard
Logical	<ul style="list-style-type: none"> <li>➤ Listen to others opinions</li> <li>➤ Create work tactics that compliment the job creating less stress</li> <li>➤ Provide constructive ideas to better a situation</li> </ul>	People see me as a person that creates ideas that work for everyone but also help the business grow successful and flow smoother
Dependable	<ul style="list-style-type: none"> <li>➤ Find the answer if I don't know it</li> <li>➤ Help everyone that needs guidance and training</li> <li>➤ Self-efficient starter that doesn't need oversight to do the right thing</li> </ul>	<p>People see me as a person that can complete a task easily without guidance.</p> <p>People see me as someone to assist correctly and be accurate with my work</p>

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## My Reflected Self-Portrait:

### I am at my best when:

- I can train and aid those that need additional training or explanation to fully understand a task with confidence. I firmly believe a leader should provide others with the same strengths they have and build others to be great.
- When I can mediate a disagreement and create a common ground of decision that will work for everyone. Everyone is not going to be happy with a decision when there are disagreements but to be able to listen and act accordingly to each personality shows that I understand the people I am around
- I know that I provided motivation and gratitude to those around me that have tried their best to shine and work hard daily. Showing that someone is appreciated can change the mindset one may have created a positive atmosphere and feel seen and recognized.
- I can provide others with kind words and a smile when it is needed the most with my compassion. Providing the first step to being sincere and thoughtful shows an action of emotional intelligence. It can build a team of people that feel supported and cared for.
- I can gather the thoughts of those around me and put actions to issues that take place and trigger frustration or confusion as a truth-seeker. It may have its downfalls, but it creates a vocal voice of understanding and fixes the gray area of confusion. Actions that seek the truth find resolutions to the issue.

As I look at my feedback, it defines the person that I challenge myself to be on a daily to friends, family, and coworkers. It provides confirmation that to self-reflect you must also include what you portray yourself to be but other interpret it as.

To have a positive impact on others life:

I must live my life by:

- ✚ STRONG BELIEF- confidence, goal, strong mindset, purpose
- ✚ VISION- future, end goal, big picture, intention
- ✚ UNDERSTANDING- ability to learn, comprehend differences in others, growth, compassion
- ✚ REFLECTION- self evaluation, positive mindset, accept fault, restore new knowlesge

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🌈 MOTIVATION- visionary, social, articulate, defining