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### Reflection

At the beginning of this course, I thought it was going to be just like any other English class I had taken, broad and slightly repetitive. What I didn't expect was to be focused on a subject that I hadn't heard much about, and I thought didn't pertain to me, disability. This class was unique in the sense that it wasn't focused specifically on our writing or reading skills, it worked towards teaching us on how to bring about a more welcoming and inclusive environment. Before we began learning, I believed my writing was already sufficient and I was able to hit most if not all requirements provided. I quickly realized I had lots of room for improvement when I was given feedback, specifically on including more detailed information throughout my work. This class has also taught me different ways on how to incorporate MLA- formatted citations in my writing, which I struggled with before. Aside from the writing portion of this course, we read a book called *Sitting Pretty* by Rebekah Taussig. This book helped shape the conversation of how inaccessible the environment around us is and also expressed a new perspective on kindness, one where both people feel empowered. It discusses a lesser known viewpoint called the social model of disability, which I had never heard of

before. This views disability as the result of society's daily barriers, rather than the impairment itself. I believe that if everyone was able to adopt this model, rather than seeing people as the problem, then a more inclusive environment would be possible and society would benefit as a whole. In the end, I picked up more writing skills and I learned that I need to be more aware of what is going on around me, even if it doesn't pertain directly to me.