

Campus Food Insecurity & The Monarch Pantry

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Office of Leadership & Learning

The Monarch Pantry

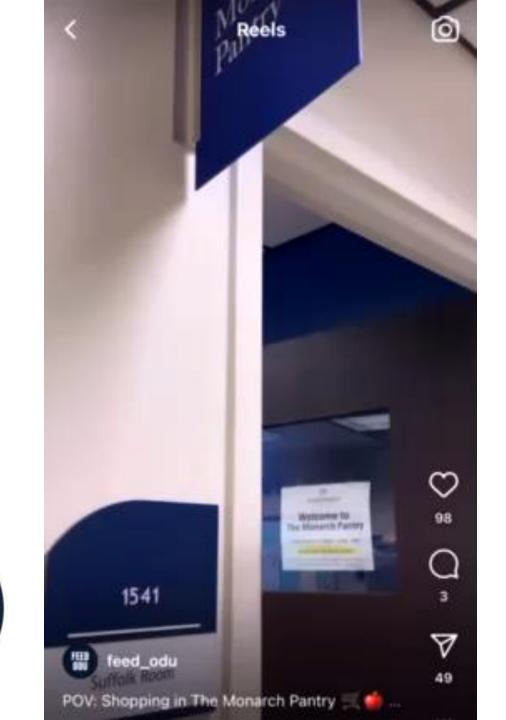






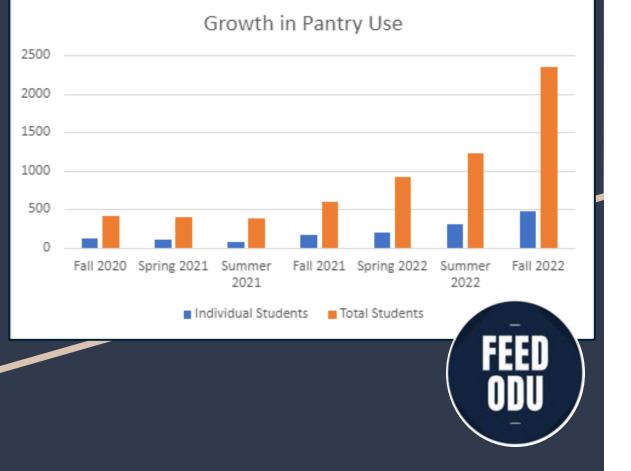


How It Works (I) OLD DOMINION MONARCH PANTRY SHOPPING GUIDE If you have any questions while shopping, please ask our staff! Thank you! RED AREA: Protein – Choose One Tuno, Chicken, Sausage, etc. YELLOW AREA: Protein – Choose One Beans, peanut butter, etc. GREEN AREA: Soups – Choose One Meat soups, vegetarian soups, broth, chili, etc. LIGHT BLUE AREA: Fruit – Choose One Canned fruits DARK BLUE AREA: Miscellaneous – Choose One PURPLE AREA: Grains – Choose Two Posta, ramen, rice, canned pasta meals, etc. PINK AREA: Vegetables – Choose Two Canned beans, olives, carrots, etc. RED AREA: Drink Mixes & Condiments – Choose Two Coffee, tea, sugar / creamer, ketchup, mustard, etc. YELLOW AREA: Breakfast Items – Mix & Match Three Items Individual oatmeal packets, small cereal baxes, etc. GREEN AREA: Snacks – Mix & Match Three Items Crackers, granola bars, individual fruit cups, small chip bags, etc. WHITE AREA: Toiletries – Choose Two Soap, deodorant, shampoo, toothpaste, etc. UNLIMITED: Fresh Baked Goods, Produce, and Frozen Food Please only take what you will consume in one week's time – all items are donated. For announcements and updates, follow us on Instagram @feed_ODU ar email Leadership & Learning @ Leadership-learning@odu.edu. Thank you!



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Use of the Monarch Pantry



Since its creation in 2020, The Monarch Pantry has grown exponentially in usage. Each month, our numbers continue to grow.

Spring 2022

- 928 total visits from 206 individual students
- Approximately 51 students/week
- Distributed an estimated 9,744lbs of food

Summer 2022

- 1,228 total visits from 307 individual students
- Approximately 72 students/week
- Distributed an estimated 12,894lbs of food

Fall 2022

- 2,347 total visits from 479 individual students
- Approximately 138 students / week
- Approximately 24,643.5lbs of food

January 2023

973 total visits from 384 individual students



Fall 2022 Monarch Pantry Student Shoppers:

- 58% Female / 42% Male
- 55% Graduate / 45% Undergraduate
- 50% International Students / 27% African-American / 12%
 White / 4% Hispanic / 3% Asian / 2% Two or More Races
- Estimated Family Contribution (EFC) of Pantry users averaged \$9,771
- 62% of shoppers are shopping for themselves
- 65% of Pantry shoppers use supplies "To cook meals from scratch"
- 66% use the Pantry "To supplement food I get from the grocery store,"
- 37% selected "As their main source of food for the week"

New Developments

- Wipe Down
 Wednesdays
- Calling for Donations
- Seeking Sponsorships
- Social Media



Current Needs

#1: Items on the shelves

#2: Additional sponsorships / Funding

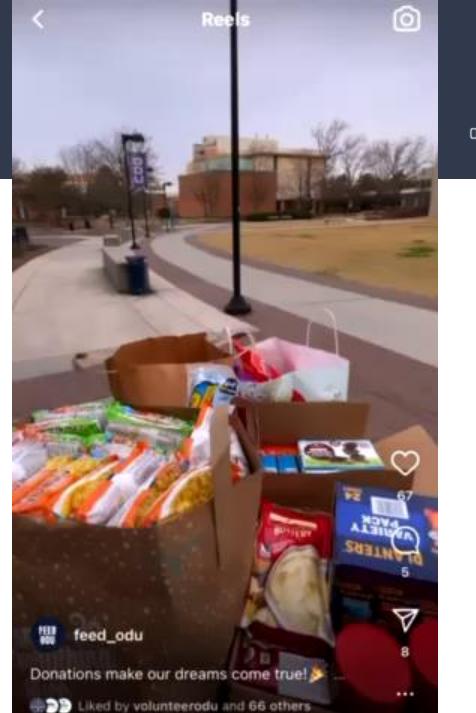


How You Can Help

Sponsor a shelf

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- Organize a donation drive
- Help identify new corporate/community sponsorships
 - Purchase items off our <u>Amazon</u> <u>Wishlist</u> - ships directly to the Monarch Pantry
- Make a charitable <u>contribution</u> benefitting the Pantry





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Any Questions?



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