Why is it so hard to talk about yourself? Most of the time people including myself find it hard to talk about oneself because we are humble, but who knows you better than you. That being said, papers like these are necessary, they can be the one thing holding you from being exceptional to being ordinary. I want so much for myself and yes it often changes the more I grow and experience life but for now I think I have a pretty concrete idea as to what I see for myself and what I will accomplish.

My up brining was typical as most Mexican American girls come, my parents were new to the idea of me leaving the house and being alone and independent, even though they were surprised they still have and do support me to this day. They gave me the tools I needed to survive. I am the oldest of five so I had to learn a lot of lessons by trial and error, I do sometimes wish I had an older sibling to guide me, but I am glad I can be that for my younger brothers and sisters. When I become a doctor, I will be the first in my family to both graduate from college and be a doctor. That will be huge, I dream of the day I see my name on a name tag of a lab coat, me carrying on my families name so proudly, the least I could do to give back.

As far as current plans go, the end goal is to either be a gynecologist or an OBGYN. I am currently a sophomore at ODU pursuing my bachelor’s degree in Biomedical sciences with a concentration of pre-health. This is the first of many steps towards becoming a doctor. After I complete my degree from ODU I plan on returning home to Texas to complete my medical degree and my residency. All of this is what I have planned so far, eventually after years of experience I would love to open my own practice. Being a female feminist, I want to build a clinic that makes women feel comfortable and safe, these are all end goal talks of course but what do they say nowadays? You must manifest your life and what is rightfully yours. Speak it into existence. I will do everything I need to do to get what I want; I am determined and hardworking. I am currently employed by the navy I will get out a few months before I complete my bachelor’s degree, being a full-time student and juggling the navy’s chaotic schedule prepared me mentally and physically for just about anything life has left to throw at me. I have no doubt I will accomplish whatever I set out to do. I am not saying this in a cocky manner more so in a strong-willed to get what I have always wanted done.

The world has so many options when it comes to doctor’s specialties but the main reason, I know I want to specialize in becoming a female doctor is because of how shameful and scary it is for us to go to these types of doctors. Society makes it to where we fear getting check ups or questioning ourselves. I want to change that stereotype for OB’s and OBGYN’s. As stated earlier I want to create a world that women feel safe to ask questions and not try to Google everything but to go to a person that studied for these questions we all have but are too embarrassed to ask. I want that person to be me, me that you confide in and that helps you solve whatever problem you might have.

I hope this short paper gives you and idea of how much I want this, how much I want to help women just like me all over the world. One day you might see me in the news who knows. Might want to remember my name, I could help your sister or mother, even your wife one day.