

Interdisciplinary Research Process

Interdisciplinary Studies is a field which draws from various disciplines in order to better understand and create solutions in complex issues.

There is a 10-step interdisciplinary research process which I followed while developing this paper; the steps are as follows:

1. Identify the problem

6. Analyze the problem and evaluate each insight

2. Justify using an interdisciplinary approach

7. identify conflicts between insights and their sources

3. Identify disciplines that are relevant to the topic

8. Find common ground between insights

4. Conduct a literature search

9. Integrate the insights to form a comprehensive understanding

5. Develop adequacy in each relevant discipline

10. Reflect on, test, and communicate understanding