

Gavin Ridges

Virginia Beach, VA | (757) 945-9361 | Gavinridges@live.com | Eligible for security clearance

|The following highlights my course work: [School Portfolio \(ctrl+click\)](#)|

PROFESSIONAL SUMMARY

Strategic and analytical IT & Cybersecurity professional completing a Bachelor's degree in Cybersecurity with hands-on experience in cybersecurity design, risk management, and IT infrastructure. As a Cybersecurity Intern at RS&H, applies NIST RMF, UFC 4-010-06, and Zero Trust principles to develop secure facility-related control systems and conduct Independent Technical Reviews (ITR). Previous experience in IT support and network security, including firewall configurations, access control, and mobile device management. Passionate about integrating cybersecurity best practices with business and technology objectives to enhance security and streamline operations.

CORE COMPETENCIES

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|-------------------------------|---------------------------------|--------------------------|
| • Incident Response | • Vulnerability Assessment | • Computer Science |
| • Cybersecurity Operations | • Technical Troubleshooting | • Systems Administration |
| • Information Technology (IT) | • Access Control Implementation | • Procedural Development |

EDUCATION

Old Dominion University | Norfolk, VA

Bachelors in Cybersecurity / Minor in Computer Science (GPA: 3.5)

Graduation: May 2025

[School Portfolio](#)

- Key Coursework: Cybersecurity, Python, Linux, Cyber Defense, Frameworks, Network Systems, Data Analysis, Digital Forensics, Ethical Hacking, Risk Management, Wireshark, Kali Linux, Server Management, Virtualized Servers

WORK EXPERIENCE

RS&H | Norfolk, VA

Feb 2024 – Present

Cybersecurity Intern

- Apply NIST RMF (800-37), UFC 4-010-06, and DoD cybersecurity guidelines to develop cybersecurity specifications and designs analyses for FRCS in construction projects.
- Assist in drafting technical reports and recommendations based on cybersecurity frameworks such as NIST 800-82 (ICS Security), NIST 800-53 (Security Controls), and Zero Trust Architecture (NIST 800-207).
- Collaborate with architects and engineers to integrate cybersecurity controls, including access control mechanisms, configuration management protocols, and incident response plans—into design documents.
- Perform cybersecurity risk analysis to evaluate security controls' impact on system architecture, supporting government post-construction assessments.
- Conduct Independent Technical Reviews (ITR) to assess compliance with cybersecurity controls, ensuring adherence to federal security requirements and mitigating risks in system designs.
- Contribute to the development of independent cost estimates for cybersecurity control implementation

Indel Power Group | Portsmouth, VA

June 2023 – Feb 2024

Helpdesk Support Technician

- Provided technical support for hardware and software issues, ensuring system functionality and documenting recurring problems for long-term resolution.
- Managed user accounts and security policies using Microsoft Admin Portal, including response actions for compromised accounts.
- Oversaw print servers, DNS servers, and networked systems for seamless business operations
- Active monitoring of antivirus services, responding to security alerts, and handling compromised user accounts
- Assisted in the installation and configuration of firewalls, phone systems, and network devices to enhance security and connectivity across multiple branches.
- Supported network infrastructure by setting up and configuring switches, routers, and mobile device management systems to streamline operations.

ADDITIONAL QUALIFICATIONS

- Technical Skills: Microsoft Admin Portal, Active Directory, Traceroute, Sophos, VPN/AV, MDM, SCCM, Microsoft Office Suite, Google Suite, Windows, MacOS, Linux, Firewalls, Routers
- Certifications: Security+ (In Progress)