

Gunnar Asper
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This article highlights the evolving landscape of cybersecurity and information warfare. Professionals have moved from hacking systems to now hacking people through wars that have started without anybody batting an eye. Wars can be waged and won through social cybersecurity without a single news headline or a raised eyebrow. Through social cybersecurity and information warfare, the West and Russia have been going back and forth in an attempt to sow distrust and lies between the people and the government through the use of propaganda. Russia especially has been developing and improving this propaganda machine since the days of the Soviet Union, and in today's day and age, with the technological advancements and scale of operations, this is a serious problem. As Russia and the West silently wage battles won and lost in silence, it is important for us as people to harden our thinking against disinformation and propaganda.