Gunnar Asper CYSE 201 2/7/2025

Journal Entry 4

Maslow's hierarchy of needs is a chart that exhibits all of human needs in a hierarchical manner. These needs are what determine our beliefs and have an effect on our actions.

Personally, each and every one of these tiers has a relation with what I do on the internet.

Starting at the top with self-actualization, I have written code, helped strangers online, and many other things in pursuit of achieving my full potential. Doing the best in a multiplayer game, or beating a story game generates a very large feeling of accomplishment for me, as it is something that I've done and worked on for quite a long time. This also segways into belonging, as having a tight knit friend group to play games with makes it feel like a community. Sometimes you can even create new friends through a game as well. Safety is pretty straightforward, I've used multiple antivirus softwares before in search of the feeling of security that comes with knowing your system is safe. As for physiological needs, I have used the internet to order food more times than I care to admit, which fulfilled my physiological need for that moment.