

Interview Reflection



I interviewed Megan Johnson, a Family Nurse Practitioner for the Trauma/General Surgery Services at Riverside Regional Hospital in Newport News, VA. Previously, she had been an ER nurse for 5 years while studying to become a nurse practitioner. She currently has a bachelor of Science in Nursing from James Madison University, as well as a Masters of Nursing from Virginia Commonwealth University.

Megan's job as a Nurse Practitioner is very diverse and different every day. She is involved within the start and finish of a patient's care. She admits patients, performs consults, manages treatment plans, writes discharges, along with participating in high-level trauma codes and injury alerts. Her most challenging part of the job is watching people who lack resources, not be able to get the treatment or help they need. On the other hand, the most rewarding part of her job is being able to watch patients do things that they never thought were possible.

In terms of sustainability, she believes that her workplace is not sustainable in regards to worker burnout. She stated that since the Covid-19 pandemic, working conditions and resources have become more limited and stressful. However, within the past 2 years, she stated that the hospital has been trying to improve its sustainable practices by implementing better benefits, counseling services, and other apps. She believes that sustainability within the healthcare field is highly important because it deals with a high-stakes environment.

From this interview, I have learned to always be proactive in my studies, and eventually my career. I also took away the importance of learning "why?" By asking questions and understanding why I am doing something will help build my critical thinking, as well as performing my job at a higher level.

